

SAL September 2009

9/10/09

Call to Order:

East	#	Central	#	North	#	West	#
NeshCore	1	DCAA*	2	CBEast	2	LoMer	0
Centennial	2	PlyWhmsh	1	CBSWAC	2	Methacton	1
CounRock	2	Springfield	1	North Penn	2	Norristown	1
LoMoreland	2	UpDub	1	HatHorsh	2	PerkVal	2
Pennsbury	1	Wissahickon	2	Souderton	1	Radnor	2
				Pennridge	2	UpMer	1

* Dolphins Community Aquatic Association formerly known as Abington Dolphins

1. Call to Order: Roberta Lichter welcomes all teams. Distributed red folders with all of her contact information. Please do not share all of her personal information, or contact her directly, without going through the chain of command (division reps, league presidents, etc...)

2. Approval of March Minutes – approved.

3. Officer's Reports:

4. Secretary: Kathy Garro - none

5. Treasurer: Tom McManus – balance as of 9/09 - \$19, 733.69 no outstanding bills. Dues will be \$32,959.00. Dues bill will be sent out. Champs should cost \$28,000. We should be about \$4,500 in the black. Some portion of the balance is allocated to the SAL Charities.

6. Scheduling: Jamie Forlini. Schedules are posted on the website. Schedules are based on the previous season's league standings. There will be a crossover meet. Invitationals were placed on the schedule. Holiday Classic is changed to the 2nd weekend in December. Council Rock Invitational changed to Saturday, January 2nd. A Champs will be on Sunday, February 7th, 2010. Diving Champs will be on Saturday, February 6, 2010.

7. Registrars: Boys – Mark McElwee. Girls – Mike Dunn

Instructions for setting up teams on Team Manager are on the website. Please follow the instructions carefully to prevent errors when submitting results to the registrar. BE CAREFUL how you set up the divers in particular. Once your roster is on-line, please double check it on-line. All corrections should be made immediately. The registrars will bounce all athletes not rostered correctly.

There is a 10 rule for all athletes – MUST be on the roster for 10 days before they are eligible to compete.

Please bring complete roster to the Coaches' Meeting. Coaches' meeting will be held on Tuesday, October 13th, at 7:00 PM, at Upper Dublin.

Transfers & Releases: An athlete must have a transfer, signed by the releasing team rep or President, prior to joining another club. An athlete may choose to sit out 12 months from the last time they swam and join another club without a release. Make sure the new team rosters the athlete if a transfer takes place.

Meet results are to go to the Webmaster, Boys/Girls Registrar and the Diving Registrars. The exact same file must be sent to all three places. Must include both teams' names and the scores. Double check the website for your results. Changes must be made within 10 days.

Bring the red folder and the roster (on a thumb drive) to EVERY meet. Entries should also be on a thumb drive. Results should be sent by Monday after the meet.

Diving Registrar: Lisa Forlini.

8. President's Report: Jim Davidson – Diving; John McGinley – Girls; Tom McManus – Boys.

Tom McManus – meet results complaints about a coach making up birthdates for athletes. Keep to the 10 day rule. Meet within 8 points should automatically be audited.

John McGinley – no report. All was quiet. If swimmers are not changed according to the rules, the events will be disqualified.

Jim Davidson – please make sure the coaches' meeting on 10/15 is attended by diving coaches. Upper Merion & Pennsbury still looking for coaches. Jim's email is jvdauid@comcast.net Please send all diving coach information to Jim Davidson. Make sure diving roster on the web is double checked as well. Make sure someone is double checking the diving scores.

9. Officials: Roger Ward. The rule book is downloadable in a .pdf file. Please be sure a copy is at the scorer's table.

Stroke & Turn Clinics:	Tuesday	10/13/09	7:00 PM	Methacton
	Thursday	10/15/09	7:00 PM	Upper Merion
	Wednesday	10/21/09	7:00 PM	Pennsbury
	Thursday	10/22/09	7:00 PM	Centennial
Starter Ref Clinics:	Wednesday	10/14/09	7:00 PM	Upper Dublin
	Tuesday	10/20/09	7:00 PM	Upper Merion

A. Fly-Overs will be mandatory this year. All age groups except 8 & Unders and Backstroke will do fly-overs. SAL still needs three timers per lane.

B. New swimsuit rule adopted for the entire season. Technical suits, as defined by FINA, are not allowed.

10. Coaches' Rep – Geoff Scheuer. Meeting will be held on Tuesday, 10/13/09, at 7:00 PM at Upper Dublin. Coaches meeting is MANDATORY for swim and diving coaches.

11. Division Rep Reports: None

East – Linda Kothe from Council Rock

Central – Paul Mancini from Springfield.

West – Anne DiSpaldo from Methacton.

North – Jennifer Steinberg from CBSWAC.

12. SAL Senior Award: Kathy Garro. Applications, and letters of recommendations are due by Monday, January 11, 2010. One letter of rec MUST be by a SAL coach. The award is \$500 each, for a male and female athlete, from each division.

13. Champs: John McGinley Awards: Karen Palumbo.

Awards – Participation ribbons at divisions should be divided up and given to each team. Do we still want to give them out? We also give out place ribbons to 18th place and heat winner ribbons. We will continue to give out participation ribbons.

League Champs will be held on: Diving Saturday, 2/6/10 at CBSWAC.
Swimming Sunday, 2/7/10 at LaSalle.

John McGinley: LaSalle meets running too long. This year boys are in the morning. We are adding ½ per session just for relays. We are trying to encourage lower placing relays to division champs. Cut awarding of medals from 1st through 18th to 1st through 12th. We don't want to mandate one relay entry per team but we need to cut the time at LaSalle. The athletes who are not likely to medal at Leagues should be sent to Divisions.

B Champs Hosts – Swimming on Saturday, January 30, 2010.

Girls

Boys

North North Penn

North CBSWAC

West Perk Valley

West Radnor

East Council Rock

East Council Rock

Central

TBA

Central

Springfield

Diving Division will be Sunday, January 31, 2010 at CBSWAC.

14. Sponsorship for A-Champs. Each team needs to submit a contact name to the league president to coordinate submission of advertisements in the League Championships.

15. Hall of Fame: Mark McElwee. League, Coach or Athlete

16. Webmaster: Andrew Jesitis. Send updated information for the league directory as soon as possible.

17. Old Business:

Proof of Insurance must be mailed to Roberta by 10/15/09. Swimming & Diving.

Remember – all meets must have a lifeguard on deck.

SAL Charities – donate one week's 50/50 proceeds to the fund.

Terry Peterson Sportsmanship Award. Discuss with your team so the votes can be done.

Rules for virtual meets on the website and in the red folder distributed by Roberta.

New Business:

January 5, 2010 next SAL meeting.