

## SPLASH 2018 Warm up Schedule

### Session #1

|                  |           | Lane 1 | Lane 2   | Lane 3 | Lane 4    | Lane 5    | Lane 6    |
|------------------|-----------|--------|----------|--------|-----------|-----------|-----------|
| <b>7:45-8:00</b> | Free Swim | PENN   | PENN     | PENN   | PENN      | PENN      | PENN      |
| <b>8:00-8:15</b> | Free Swim | MAC    | MAC/DCAA | HQH    | HQH/PR    | UDAC      | UDAC/SWAC |
| <b>8:15-8:30</b> | Free Swim | NAC    | NAC/PWAC | CRSC   | CRSC/CORE | WCAC/SOUD | HHAA      |
| <b>8:30-8:40</b> | Starts    | ALL    | ALL      | ALL    | ALL       | ALL       | ALL       |

### Session #2

|                  |           | Lane 1 | Lane 2 | Lane 3   | Lane 4    | Lane 5   | Lane 6        |
|------------------|-----------|--------|--------|----------|-----------|----------|---------------|
| <b>1:00-1:15</b> | Free Swim | PENN   | PENN   | PENN     | PENN      | PENN     | SWAC/CBAC /PR |
| <b>1:15-1:30</b> | Free Swim | CRSC   | UDAC   | HQH/SOUD | CORE/WCAC | HHAA/MAC | NAC           |
| <b>1:30-1:40</b> | Starts    | ALL    | ALL    | ALL      | ALL       | ALL      | ALL           |