

## Suburban Aquatic League Minutes for Fall Mtg., Sept. 20, 2011

Meeting called to order by Chair, Roberta Lichter at 7 PM

1. Roll taken. Noted that there are many new representatives and that new reps should be particularly attentive.
2. Teams present: Core 1, Centennial 2, Council Rock 2, Lower Moreland 2, Pennsbury 1, Dolphins 2, Plymouth Whitmarsh 2, Upper Dublin 2, Wissahickon 2, CB East 1, CB South 1, North Penn 1, Hatboro 1, Souderton 2, Pennridge 2, Lower Merion 2, Methacton 2, Norristown 1, Perk Valley 2, Radnor 1, Upper Merion 2. Absent: Springfield (\$200 fine imposed)
3. Chair announced various phone contact numbers to reach her.
4. There is a \$200 penalty for missing required meetings.
5. Housekeeping items:
  - a. All invitational meets on the SAL schedule were sanctioned.
  - b. All teams need to send proof of insurance to the Chair.
  - c. John McGinley explained that USS sanctions will be harder to get from Middle Atlantic. He reviewed various aspects about the acceptance of times.
  - d. SAL false start rule now complies w/ USA.
  - e. Rosters will no longer be on the website. They will be sent to the webmaster and will be emailed to all. ROSTERS ARE DUE @THE COACHES MEETING.
  - f. Tom McManus reported that the treasury stands at \$30632. There is \$2795 in SAL Charities. \$500 is available for teams hosting Division Championship meets to assist w/ expenses. All teams need to have TM 6.0 and MM 3.0. There will be a \$150 credit back to all teams for the purchase of the new software. **Be sure to follow directions on the SAL site when setting up your TM and MM databases.**
  - g. Scheduling: Jamie Forlini announced that schedules will be posted on the website.
  - h. Registrars: All teams need to update to TM 6 and MM 3. They are a must.
  - i. USA swimmers are to follow instructions on the site re identification codes.
  - j. Results from meets must be emailed to registrars (boys, girls, diving) by 6 PM on the Monday after a meet.
6. Presidents' reports: the most important item was the reminder about the 40% rule. Details available on the website. See meeting agenda sheet.
7. Chair announced that each team should send her a person to contact about sponsorship of our championship meets.
8. Chair read new addition to Policies and Procedures relating mostly to diving. Voted on and approved.
9. All were reminded prior to adjournment that updated directories should be sent to the webmaster by Oct. 1.

Attached is the agenda of the meeting and the Rules Clarification Document with additions and notes to supplement minutes.



1. Each team should have a printed team roster with them at **EVERY** meet. Rosters include swimmers and divers.
2. Each team should have the team roster on a thumb drive with them at **EVERY** meet. Rosters include swimmers and divers.
3. Entries on a thumb drive
4. Diving Scores-who is taking them home to or where are they leaving them for the computer operator.
5. Who is submitting the results? Results include swimming and diving!
6. Everyone should have their red book... to be ready by the coach's meeting.

\*President's report

Boys- Paul  
 Girls- John  
 Diving-Jim

\*Officials- Mike Dunn \*\*\*check SAL calendar for exact dates and locations\*\*\*

Stroke and Turn Clinics:

Starter Referee Clinics:

\*\*Qualifications for future replacement: Certified starter/ref in SAL and certified US starter.

Mike has

that all teams look to see if there is anyone in their club who would like to take this over.

\*Coach's Rep- Absent

\*Division Reps

East- OPEN  
 Central- Earl Uehling  
 West- Anne DiSpaldo  
 North- Jennifer Steinberg

\*Senior Award- Kathy

Applications are due by January 4th. Please check out the new way of submitting.  
 \$500 for a female/\$500 for a male in each division

\*Champs – John and Karen

B-Champ Hosts:

Swimming:

- North Boys:
- North Girls
- West Boys
- West Girls
- East Boys
- East Girls
- Central Boys
- Central Girls

Diving:

-Host Club: UDAC

A-Champ Hosts:

Swimming:

LaSalle  
*Diving:*  
CB South HS

**\*Sponsorships for A-Champs**

Each team needs to submit the name, phone number and e-mail address of one person who will be their club contact. Names should be e-mailed to [rlichter@cbsd.org](mailto:rlichter@cbsd.org) by October 15<sup>th</sup>. All submissions of business cards, 1/2 page and full page ads will be due by December 15<sup>th</sup>. More information to follow.

**\*Webmaster- Andrew**

All teams should submit updates to their club directories by 10/01/11. Be sure to have the correct start times on your club's directory page. Also include all contact information necessary. All teams must have phone numbers.

**Miscellaneous and Old Business**

- \*Be sure to order your new TM 6.0 for \$125
- \*Proof of insurance must be emailed to [rlichter@cbsd.org](mailto:rlichter@cbsd.org) by October 15th
- \*Be sure to have one lifeguard on deck for swimming and diving/they may participate in the meet
- \*SAL Charities: donation of one week's 50/50 to the fund
- \*Discuss The Terry Peterson Sportsmanship Award with your teams before the season begins.

Due \_\_\_\_\_.

- \*MM/TM clinics: email date and information to follow
- \*Updated records are on the SAL site. Type into MM/template available?

**New Business**

- \*Bylaw rule clarification (15+ heats get email from both coaches, cc. appropriate president and registrar)
- \*Diving Rules Document to be added to Operating and Procedures Vote taken
- \*Swim Coach's Meeting: October 18th----Bring hard copy of Team Rosters to meeting if you would like.
- \*Dive Coach's Meeting: October 13th
- \*Next Representatives meeting: January 10<sup>th</sup>

Forlini Fund Raiser Handout

## Operating Procedures Addendum/Clarification

Divers must be registered with both the appropriate girl or boy registrar and the diving

registrar before they are eligible to participate as a diver. It is each team's responsibility to ensure divers are given the appropriate designation of "D" and "Division Code." A child who is registered without both designations is not registered as a diver. The 10 day rule will be in effect on the last date from which both registrars have received the diver's name and date of birth (via the original roster submission or email addition thereafter). Any team diving a diver who has not be rostered/registered appropriately as a diver or who dives a diver before the 10 day rule has passed may forfeit their team's win, scores, and times for that meet for both swimmers and divers.

**The number of divers that may participate in a meet, officially or unofficially, is a maximum of 12 divers for each team for each gender. Theoretically, this means three official divers and one unofficial diver in each of the three age groups for each team. However, if one team only has 12 eleven and under divers, they could dive 3 official divers with the other 9 divers unofficial, leaving the other two age groups empty of divers from their team. The coaches and team reps must agree at least two days in advance if they are going to have any additional unofficial divers and how many if it would make the total number of divers more than the 12 total per team per gender. If a team does not fill each of their 12 spots both teams must still agree if the smaller team is going to allow their spots to be utilized by the other team. If no agreement is made, the total number of divers shall not exceed 12 per team per gender. Please remember that due to pool use time restrictions the number of unofficial divers may need to be reduced. If an agreement cannot be made then the meet should be divided into a girl's meet and a boy's meet or the matter should be brought to the attention of the League Chair and Diving President. They will decide on a time and location for the meet to occur.**

Divers diving after a meet has finished may not submit their scores to the registrar and may not be counted for participation. Any team refusing to follow this rule may have their official diver's scores deleted from the database for that meet.

The rules state that a "diver may compete in as many events as his or her age allows." This means that an 11 and under diver may dive up in both the 12 to 14 age event and the 15 and over event provided they may safely do the dives for that age group. No jumps may be performed when a diver dives up. The rules do not limit the number of divers that may dive up but each age group is limited to (3) official divers, so as many as 3 divers may dive up officially in the two older age groups.

Coaches or judges may tell a diver that they are about to do the wrong dive (a 301 is called and the diver is walking to the end of the board) as long as they speak before the diver has taken their starting position.

Divers may do a front jump and/or a back jump; in their age group only, in dual meets and in Division "B" champs. The DD is 1.0.

The following is a correction to earlier statements that US Diving allows the hands to be up on all feet first entries (i.e. somersaults). US Diving states – "All feet-first entries shall be performed with the arms held close to the body, and without bending the arms at the elbows. However, for novice divers performing forward and back jumps the arms may be held motionless and straight overhead." US Diving states – "If the arms are not in the correct prescribed position on entry into the water, each judge shall deduct from one to three points from their award according to the circumstances." This also means that if the hands are not over the head on head first entries (like front 1-1/2 or back 1-1/2) that there is a deduction of one to three points.

A diver must have competed in two regular season dual meets, officially or unofficially, to be able to participate in the two team championship meets in January. This participation must be as a diver (this may be in their age group or may be where they dive up) as long as they were registered with the league diving registrar and either boys or girls registrar as a diver. They must have competed as a diver in two regular season meets in their age group to be able to participate in the League Diving Championship meet in February. The two team championship meets in January and the Last Chance meet do count to give them the two scores for seeding purposes. Any team diving a diver who is ineligible may forfeit their team's wins, scores, and times for both swimming and diving.

The rule change by USA Diving says that divers cannot change their dive on the board any longer, that the dive sheets are final before the start of the event. SAL implementation of this rule is that the dive sheets are final when the table closes out each event several minutes before the start of each event. If the table does not make a last call for sheets, then it is when they announce the dive order or announce that the next event is ready to start or announce the first diver's dive. Divers and coaches are not to be going to the announcing table to check on dives. The coaches should have their own list of dives being done by their divers.

The announcer should announce that all cell phones be turned off, that there is to be no flash photography during a divers dive and should remind everyone to give respect and quiet during the announcing of the diver's dive, during the execution of the dive and while the scores are being announced. Of course, some cheering of the diver after their dive has been announced and during the time they are getting ready to perform the dive is acceptable. Cheering for a diver after executing a dive is also acceptable as long as it is kept within reason and does not prevent the announcer from announcing the scores. If at any time the announcer feels that any conduct is getting to loud or objectionable, they should announce for the conduct to be stopped or the meet will be stopped until the interfering or unacceptable conduct has stopped. If the unacceptable conduct continues, the announcer should request for both coaches to come to the table and be asked to get their divers and/or parents

to calm down and behave in a more sportsmanship manner or disciplinary action will be taken. Any team who is found to have behaved in an unsportsmanlike manner may have their team's scores omitted from that meet's results.

If you are not the "host" team and you decide not to take your swimmers or divers to the host location you automatically forfeit your times/scores. Swimming or diving at your club by yourselves is not permitted, unless special permission is given by the League Chair and appropriate president. Please work together to decide the where and when of all dive meets if they cannot occur on Saturdays due to building use restrictions. Ultimately, it is up to each host team to host their boy or girl meet. If the head coach cannot make a meet time and location it is their responsibility to send an assistant or parent coach. Taking your team to swim or dive with another club, because of a scheduling conflict with the host club, at a different time and location is not allowed under any circumstances. All times and scores may be forfeited if this occurs.

Virtual Swim and Dive Meets are reserved for weather and facility use emergencies only and MUST be approved by the League Chair and appropriate president. Otherwise, at no time shall a team swim or dive with only their team present. In the event that your team does not have an opponent or diving cannot occur on the scheduled date your team must find another team to dive with... i.e., they should go to another pool to dive with another team or teams. All teams will have to agree to the number of additional divers at least two days prior to the meet date.

A dive may be added at any time, even at any of the championship competitions. It is not a requirement that a diver previously performed a dive in a dual meet to use it in the championship meets.

Each team must be represented by someone from their own team at all required league meetings. A \$200 fine will be imposed for any team not represented. Any

team without representation by their team representative, a coach, or a coach appointed parent from that team at the seed meeting will be fined and that team's divers will be removed from the lists and not be placed into either Championship meet (A's or B's). Another team's representative, coach or coach appointed parent may not represent another team at the seed meeting. Copies of all diving sheets are required to be brought to the seed meeting.

The referee (either a PIAA official, or person agreed to by the diving coaches prior to the meet) calls the following:

1. Failed Dives: It is a failed dive if the amount of the twist is greater or less than that announced by 90 degrees or more  
In head-first dives, if any part of the body below the waist enters the water before the hands, the referee shall declare a failed dive  
In feet-first dives, if any part of the body above the waist enters the water before the feet, the referee shall declare a failed dive (landing on their butt on a 1 or 2 summersault is not a failed dive, but landing on their back is a failed dive)  
If the referee does not call a dive as failed, you, as another judge, may give the dive a zero if you feel it was failed.
2. Balks (which are scored by the judges as normal and then read to the score table and recorded with the two points deducted)
3. Does not call any deduction for a diver contacting the board (that is a high school rule). US Diving indicates a deduction is up to the judges.
4. Does not call any deduction for arms up on a foot first entry (that is a high school rule). Arms are allowed up in US Diving although the preferred position is down and a deduction is up to the judges. (see the earlier rule for this)

Divers may do dives with any number of steps in the approach. Divers may do dives standing without announcing that they are doing a standing dive. There is no deduction for a standing dive other than if they do not go as high as a diver that takes an approach. A standing dive that does not go up but just falls into the water is “unsatisfactory” and scores ½ to 2 points.

Crow hops – deduct up to 2 points

Excessive rocking – deduct up to 2 points depending on how excessive.

The following is in addition to the normal SAL TM/MM submission procedures:

One copy of each diving sheet, (all divers, official or unofficial), for both boys and girls from your team; along with, one Boy’s Diving Result sheet, if you are the host team, and one Girl’s Diving Result sheet, if you are the host team, must be submitted by each team and received via US “snail” mail by the Wednesday after each weekend’s SAL scheduled meet date. (I.e. Not the date you decide to dive but, the date on the SAL site for that weekend’s meet) If the sheets are not received scores may be deleted from the system.

Please mail to:

Central Bucks Aquatics

C/O Roberta Lichter

16 Welden Drive

Doylestown, Pa 18901

It is the responsibility of each team to check the online results submitted to the league after each meet. No changes will be made to results after 10 days from the league scheduled meet date. Exception: If the 10 days pass and an online score does not match the sheets received at the above address, the score may be deleted from the database and no longer counted. Participation in the meet will still be counted.

**If a diver appears not to make a legitimate attempt at the required dive, they will get a "0" for that dive but, are not disqualified from the meet if they can show they can do the dive after the event is done. If they cannot show an ability to do the dive, they will be disqualified.**