## UPPER MERION AQUATIC CLUB LAST CHANCE INVITATIONAL MEET

JANUARY 18, 2020

## The LCM is US Approved - MA 2023AP

Place: Upper Merion High School

Date: Saturday, January 18, 2020

Time:	8&U	Warm Up	7:15 AM **
	10&U	Meet Start	8:30 AM
	12&U 14&U Unlimited	Warm Up Meet Start	12:45 PM** 2:00 PM

(\*\*Exact warm up time & lane assignments will be determined after entries are received.)

Refreshments will be available all day. Snack Bar will open at 7:00 AM. Breakfast and lunch items will be available all day.

Eligibility is determined by the age of the swimmer on October 31, 2019. Each swimmer must be a registered member of the SAL.

- AWARDS: Medals 1<sup>st</sup> to 3<sup>rd</sup> Ribbons 4<sup>th</sup> to 18<sup>th</sup> Heat ribbons for AM session only
- Fees: \$5.00 per event. Each swimmer is limited to **FOUR** events. One team check must accompany your entry. Checks must be payable to "UMAC".

Entries: ALL ENTRIES MUST BE RECEIVED BY 6:00 PM FRIDAY, JANUARY 10, 2020. Deck entries may be accepted if space is available for \$10 per entry. Entries may be sent via e-mail but are not considered eligible until the payment is received. Entries must be submitted using Team Manager.

UMAC reserves the right to limit the number of entries and/or alter the warm up & start times to insure a quality run meet.

Send all entries to:Last Chance Meet<br/>c/o Corey Besz<br/>579 General Learned Rd.<br/>King of Prussia, PA 19406<br/>Cell: (484) 645-6031<br/>E-mail: cjbesz@verizon.netPlease direct all inquiries to:Last Chance Meet Director<br/>Corey Besz<br/>484-645-6031 or cjbesz@verizon.net

Woman	8 & U	25 Free
Men	8 & U	25 Free
Woman	9-10	100 Free
Men	9-10	100 Free
Woman	8 & U	25 Back
Men	8 & U	25 Back
Woman	9-10	50 Back
Men	9-10	50 Back
Woman	8 & U	25 Breast
Men	8 & U	25 Breast
Woman	9-10	50 Breast
Men	9-10	50 Breast
Woman	8 & U	25 Fly
Men	8 & U	25 Fly
Woman	9-10	50 Fly
Men	9-10	50 Fly
Woman	8 & U	50 Free
Men	8 & U	50 Free
Woman	9-10	50 Free
Men	9-10	50 Free
Woman	9-10	100 IM
Men	9-10	100 IM
	Men Woman Men Woman Men Woman Men Woman Men Woman Men Woman Men Woman Men Woman Men Woman Men Woman Men Woman Men Woman Men Woman Men	Men 8 & U   Woman 9-10   Men 9-10   Woman 8 & U   Men 8 & U   Men 8 & U   Woman 9-10   Woman 9-10   Woman 9-10   Woman 8 & U   Woman 9-10   Woman 9-10   Woman 8 & U   Woman 9-10   Woman 9-10   Woman 8 & U   Woman 9-10   Men 8 & U   Woman 8 & U   Woman 8 & U   Woman 9-10   Woman 9-10

23 24	Woman Men	11-12 11-12	100 Free 100 Free
25	Woman	13-14	100 Free
26	Men	13-14	100 Free
27	Woman	15 & O	200 Free
28	Men	15 & O	200 Free
29	Woman	11-12	50 Back
30	Men	11-12	50 Back
31	Woman	13-14	100 Back
32	Men	13-14	100 Back
33	Woman	15 & O	100 Back
34	Men	15 & O	100 Back
35	Woman	11-12	50 Breast
36	Men	11-12	50 Breast
37	Woman	13-14	100 Breast
38	Men	13-14	100 Breast
39	Woman	15 & O	100 Breast
40	Men	15 & O	100 Breast
41	Woman	11-12	50 Fly
42	Men	11-12	50 Fly
43	Woman	13-14	100 Fly
44	Men	13-14	100 Fly
45	Woman	15 & O	100 Fly
46	Men	15 & O	100 Fly
47	Woman	11-12	50 Free
48	Men	11-12	50 Free
49	Woman	13-14	50 Free
50	Men	13-14	50 Free
51	Woman	15 & O	100 Free
52	Men	15 & O	100 Free
53	Woman	11-12	100 IM
54	Men	11-12	100 IM
55	Woman	13-14	200 IM
56	Men	13-14	200 IM
57	Woman	15 & O	200 IM
58	Men	15 & O	200 IM

Order of Events