

Centennial Aquatic Club's
28th Annual Lisa Forlini Memorial Odd Age Meet

William Tennent High School, 333 Centennial Road, Warminster, PA 18974

Sunday, December 11, 2022

Sessions: 1 – 9 & Under - Warm-up – 7:30 a.m. Start – 8:30 a.m.
2 – 10 & Up - Warm-up – 11:45 A.m. Start – 12:45 p.m.

Eligibility: All 13 and under swimmers who are registered members of the SAL are eligible. Age is determined as of October 31, 2022

Entries: Swimmers may enter a maximum of four (4) events.
Entry fee is **\$5 per event**.
Check made payable to CAC.
One check per team and must accompany all entries.

All entries must be submitted via Team Manager.
Please include a PDF or Word document of entries by event & name.

Email entries and entry questions to jlfswim@comcast.net

Entries due Wednesday, November 23, 2023.

Payment sent to CAC Odd Age Meet, 147 Newtown Rd, Warminster, PA 18974

If space permits in an event, deck entries will be accepted up to 30 minutes before the start of each session. Cost per event will be **\$10.00**.

Awards: Medals for 1st, 2nd, and 3rd place
Ribbons for 4th through 18th place
Heat Winner Ribbons distributed at end of each heat
Hot Heat Winner for each event as well
Medals and Ribbons will be given to coaches at end of meet

Workers: Each team may be asked to provide volunteers based on the number of entries for that team. Timers, please bring your two watches for each person asked to time.

Programs: Available for each session @ \$3.00 or \$5 for both sessions.

Questions: Contact Connie Faulk, Meet Director, @ cacvicepresident1968@gmail.com

Meet Events:

Session 1 (9 & under): Warm-up 7:30 AM, Meet Starts 8:30 AM

All 25's will start in water at shallow end and swim into a finish with the use of the touch pads.

#1	Girls 5 & Under 25 Free	#2	Boys 5 & Under 25 Free
#3	Girls 6-7 25 Free	#4	Boys 6-7 25 Free
#5	Girls 8-9 25 Free	#6	Boys 8-9 25 Free
#7	Girls 5 & Under 25 Back	#8	Boys 5 & Under 25 Back
#9	Girls 6-7 25 Back	#10	Boys 6-7 25 Back
#11	Girls 8-9 50 Back	#12	Boys 8-9 50 Back
#13	Girls 5 & Under 25 Breast	#14	Boys 5 & Under 25 Breast
#15	Girls 6-7 25 Breast	#16	Boys 6-7 25 Breast
#17	Girls 8-9 50 Breast	#18	Boys 8-9 50 Breast
#19	Girls 5 & Under 25 Fly	#20	Boys 5 & Under 25 Fly
#21	Girls 6-7 25 Fly	#22	Boys 6-7 25 Fly
#23	Girls 8-9 50 Fly	#24	Boys 8-9 50 Fly
#25	Girls 6-7 50 Free	#26	Boys 6-7 50 Free
#27	Girls 8-9 50 Free	#28	Boys 8-9 50 Free
#29	Girls 6-7 100 IM	#30	Boys 6-7 100 IM
#31	Girls 8-9 100 IM	#32	Boys 8-9 100 IM

Session 2 (10 & over): Warm-up 11:45 PM, Meet Starts 12:45 PM

#33	Girls 10-11 50 Free	#34	Boys 10-11 50 Free
#35	Girls 12-13 50 Free	#36	Boys 12-13 50 Free
#37	Girls 10-11 50 Back	#38	Boys 10-11 50 Back
#39	Girls 12-13 100 Back	#40	Boys 12-13 100 Back
#41	Girls 10-11 50 Breast	#42	Boys 10-11 50 Breast
#43	Girls 12-13 100 Breast	#44	Boys 12-13 100 Breast
#45	Girls 10-11 50 Fly	#46	Boys 10-11 50 Fly
#47	Girls 12-13 100 Fly	#48	Boys 12-13 100 Fly
#49	Girls 10-11 100 Free	#50	Boys 10-11 100 Free
#51	Girls 12-13 100 Free	#52	Boys 12-13 100 Free
#53	Girls 10-11 100 IM	#54	Boys 10-11 100 IM
#55	Girls 12-13 200 IM	#56	Boys 12-13 200 IM