



# 2023 SAL Division Boys Swimming Championships

Saturday, January 21, 2023

<b>LOCATION &amp; FACILITY</b>	Pennridge High School, 1228 North 5th Street, Perkasie, Pa 18944. 8-lane competition pool. <a href="#">Google Link.</a>
<b>PARKING</b>	Parking in lots surrounding High School Natatorium and Athletic Complex. See map <a href="#">here.</a>
<b>MEET DIRECTOR</b>	Andrea Walter Meet Director, at <a href="mailto:ayunger@comcast.com">ayunger@comcast.com</a> .
<b>RULES</b>	USA Swimming rules shall apply. USA Swimming warm-up procedures will be in effect for the entire meet. Only swimmers, coaches, officials and meet volunteers will be permitted on the pool deck.
<b>ENTRY LIMITATIONS</b>	Swimmers may enter a maximum of five (5) events, 3 Individual and 2 Relays. 'Fly-over' starts will be used at this meet. All swimmers (except for backstroke starts) should remain in the water at the completion of their race until the next heat has begun.
<b>HOW TO ENTER</b>	Electronic entries only. Hy-Tek Team Manager entry file required. Please send all entries to <a href="mailto:pactechs@gmail.com">pactechs@gmail.com</a> . Include with your entry file a Team Manager entry report (Word or PDF). Include contact information (team name, coach name, cell phone).
<b>ENTRY DEADLINE</b>	Last day to submit entries Sun, Jan 15th. NO LATE ENTRIES WILL BE ACCEPTED.

<b>EVENTS &amp; SEEDING</b>	Event order will follow standard SAL meet format including relays. All events are pre-seeded. Seeding adjustments may be made after the scratch meeting.
<b>SESSION 1- Warm up and start times</b>	<b>8U and 10U:</b> Warm up: 8:00-8:45 AM Meet start: 9:00 AM *Meet Director reserves the right to adjust session start times or events based upon entries*
<b>SESSION 2- Warm up and start times</b>	<b>12U, 14U, and Open:</b> Warm up: 11:30PM -12:15 PM Meet start: 12:30PM *Meet Director reserves the right to adjust session start times or events based upon entries*
<b>AWARDS</b>	Available at conclusion of the meet
<b>RESULTS</b>	Results will be posted on the Suburban Aquatic League website.

Each team is required to supply the following volunteers at this meet:  
If your team can't provide the requested workers, please notify the meet director by Thu, Jan 19th.

<b>Job Description</b>	<b>Session 1 Club</b>	<b>Session 2 Club</b>
Volunteer Coordinator, Starter/Referee, Timing Console, Scoring table, Announcer, Snack Bar	PR	PR
Stroke and Turn	PR and TOPS	PR and PVAC
Finish Judge	TOPS and CCA	PVAC and SOUD
Ready Bench *Please have coaches or parent volunteers bring your swimmer to the ready bench area*	PR	PR
Awards Table	PVAC and SOUD	TOPS and CCA
Heat Winner Ribbons	SOUD	CCA
Runners	CCA and PVAC	SOUD and TOPS
Backup Timers *please bring team watches (2 per timer)*	SOUD	CCA
Lane Timers (3 each session) *Please bring team watches (2 per timer)*	Lane 1 PR Lane 2 SOUD Lane 3 CCA Lane 4 PVAC Lane 5 TOPS Lane 6 PR	PR SOUD CCA PVAC TOPS PR

