

SAL Girls League Championships 2024 - 1/28/2024

SAL 2023 Girls League Championships

Meet Program - Girls SAL League Champs

Event 4 Girls 8 & Under 100 Yard Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
2	PVAC-MA	A	1:35.20
	1) Miller, Tessa 8	2) Tiegs, Emily 8	
	3) Lauterio, Belle 8	4) Melwert, Sara 8	
3	SOUD-MA	A	1:28.67
	1) Fairchok, Penelope 8	2) Noll, Layla 8	
	3) Mo, Leah 8	4) Graham, Kerrianna 8	
4	CRSC-MA	A	1:24.61
	1) Liao, Kristine 8	2) Nind, Chloe 7	
	3) Myers, Klara 8	4) Myers, Sabiene 6	
5	CCA-MA	A	1:25.07
6	PR-MA	A	1:34.98
	1) Lacy, Kaylin 8	2) Dunn, Gabby 8	
	3) Miller, Caroline 8	4) Wood, Sera 7	
7	Lower Moreland-MA	A	1:38.44
	1) Collins, Brigid 7	2) Auty, Taylor 8	
	3) Collins, Moira 8	4) Nazeraj, Alessandra 8	
Heat 2 of 2 Finals			
2	HHAA-MA	A	1:24.53
	1) Carey, Kathryn 8	2) Meyer, Maeve 8	
	3) Ellis, Adeline 8	4) Goldberg, Abi 8	
3	DCAA-MA	A	1:23.35
	1) Hoch, Autumn 7	2) Groth, Barrett 7	
	3) Toner Lebron, Deeanalys 8	4) Mench, Cora 8	
4	SAC-MA	A	1:19.70
	1) Breuninger, Hannah 8	2) Rankin, Avery 8	
	3) Lyons, Poppy 8	4) Manley, Chrissy 8	
5	NPAC-MA	A	1:18.41
	1) Weathers, Ella 8	2) Darr, Aria 8	
	3) Bachmann, Kaden 7	4) Quinn, Maura 7	
6	RAD-MA	A	1:19.63
	1) Quinones, Maggie 8	2) Coonley, Catherine 8	
	3) De La Rosa, Caroline 8	4) Perkins, Ellie 7	
7	MAC-MA	A	1:21.04
	1) Naldzin, Annie 8	2) Miller, Aviella/Avi 8	
	3) Devlin, Rylee 7	4) Farrell, Saoirse 8	
8	UDAC-MA	A	1:24.49
	1) Black, Ellie 8	2) Lynch, Cass 8	
	3) Kennedy, Burke 8	4) Lynch, Aileen 8	
9	WCAC-MA	A	1:24.61
	1) Feldkamp, Yulia 8	2) Gretchen, Lily 8	
	3) Liu, Alice 8	4) Kindt, Ella 8	

Event 5 Girls 10 & Under 200 Yard Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
1	CRSC-MA	A	2:52.36
	1) Egbert, Eris 9	2) Cai, Grace 10	
	3) Myslinski, Luna 10	4) Stewart, Brooklyn 10	
2	Lower Moreland-MA	A	2:45.60
	1) Greco, Gianna 10	2) Mamikonyan, Olivia 10	
	3) Sharkov, Nicole 9	4) Zhang, Aileen 10	
3	DCAA-MA	A	2:44.19
	1) Mannix, Kerry 9	2) Edel, Ariel 10	
	3) Hill, McKenna 10	4) Barton, Aisling 10	
4	PR-MA	A	2:42.63
	1) Moore, Elly 10	2) Dunn, Ellie 10	
	3) Piotrowicz, Kenzie 9	4) Chadwick, Emerson 9	
5	PVAC-MA	B	2:39.97
	1) Melwert, Lizzie 9	2) Chain, Kylie 9	
	3) Sarnes, Maddie 10	4) Jung, Alison 10	
6	CCA-MA	A	2:41.63
7	HHAA-MA	A	2:43.53
	1) Lauer, Sophia 9	2) Cole, Nora 10	
	3) Douglas, Zoe 10	4) Leck, Carly 9	
8	CBST-MA	A	2:44.23
	1) Patel, Skruti 9	2) Pozesky, Madison 10	
	3) Pluff, McKinleigh 10	4) Pollard, Ella 10	
9	CAC-MA	A	2:51.41
	1) Cullen, Chelsea 10	2) Latona, Sara 9	
	3) Kannengieszer, Clare 10	4) Harvey, Hailey 10	
Heat 2 of 2 Finals			
2	WCAC-MA	A	2:36.82
	1) Sherrick, Grace 9	2) Gretchen, Addie 10	
	3) Feldkamp, Katerina 10	4) Sun, Summer 10	
3	MAC-MA	A	2:35.49
	1) Dixon, Anna 10	2) Wike, Gabby 10	
	3) Komoroski, Kassidy 9	4) Conneen, Rory 10	
4	UDAC-MA	A	2:26.47
	1) McGuckin, Willa 10	2) Cratin, Devon 10	
	3) Auwarter, Emma 10	4) Keenan, Chelsea 10	
5	SOUD-MA	A	2:25.89
	1) Nguyen, Sofia 10	2) Houchins, Cassidy 10	
	3) Bandler, Lillian 10	4) Schwanbeck, Ella 10	
6	NPAC-MA	A	2:26.38
	1) Castaneda, Abby 10	2) Smithers, Julianne 10	
	3) Vandermolten, Clara 10	4) Cook, Payton 10	
7	SAC-MA	A	2:35.04
	1) Bell, Maddie 10	2) Whelan, Macie 9	
	3) Cooper, Annie 10	4) Generose, Olivia 10	
8	RAD-MA	A	2:36.13
	1) McEvoy, Eva 10	2) Walls, Cayden 10	
	3) Regan, Mary Elizabeth 9	4) Wiesen, Annie 10	
9	PVAC-MA	A	2:37.37
	1) Patel, Raashi 9	2) Felty, Hannah 10	
	3) Engle, Kennedy 9	4) Hones, Scarlett 10	

SAL Girls League Championships 2024 - 1/28/2024

SAL 2023 Girls League Championships

Meet Program - Girls SAL League Champs

Event 6 Girls 12 & Under 200 Yard Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
1	CAC-MA	A	2:37.10
	1) Halpin, Emily 11	2) Kannengieszer, Eve 12	
	3) Halpin, Colleen 11	4) Lafferty, Lana 11	
2	PVAC-MA	A	2:21.62
	1) Patel, Kavya 11	2) Dodson, Autumn 12	
	3) Jung, Alexis 12	4) Ferst, Stellarose 11	
3	Lower Moreland-MA	A	2:18.93
	1) Marcus, Appol 11	2) Vizcarrondo, Riley 11	
	3) Kitsul, Nikka 11	4) Blumhardt, Piper 11	
4	SAC-MA	A	2:13.00
	1) DiFranco, Amelia 12	2) Newton, Laura 11	
	3) Ledwith, Bridget 11	4) Ho, Delaney 12	
5	DCAA-MA	A	2:11.69
	1) Hoch, Keira 11	2) Ojeda, Alma 12	
	3) Hiller, Audrey 12	4) Edel, Izzy 12	
6	MAC-MA	B	2:12.69
	1) Roberts, Maya 12	2) Pitchford, Hailey 12	
	3) Huggard, Chelsea 11	4) Kindred, Madison 11	
7	PR-MA	A	2:16.17
	1) Daly, Kiera 12	2) Moore, Colleen 12	
	3) Piotrowicz, Morgan 12	4) Shqina, Emma 12	
8	CBST-MA	A	2:21.62
	1) Shorr, Mia 12	2) Vairo, Eva 12	
	3) Kovtounenko, Olya 11	4) Berg, Bona 11	
9	CRSC-MA	A	2:32.00
	1) Mohan, Jia 12	2) Slaman, Ellie 12	
	3) DeForrest, Taylor 11	4) Varani, Tessa 11	
Heat 2 of 2 Finals			
2	LMAC-MA	A	2:10.41
	1) Tripple, Lily 12	2) McDermott, Eve 12	
	3) Bianco, Kelsey 12	4) Tripple, Violet 10	
3	SOU-MA	A	2:08.65
	1) Morgan, Amber 12	2) Hiestand, Addie 12	
	3) Moore, Addison 12	4) Moyer, Heidi 12	
4	UDAC-MA	A	2:04.70
	1) Capriotti, Vita 12	2) Baughman, Lilly 12	
	3) Robbins, Mae 11	4) Manser, Eden 12	
5	MAC-MA	A	2:00.26
	1) Short, Aubrey 12	2) Johnson, Izzy 12	
	3) Le, Olivia 12	4) Schadler, Aurora 12	
6	NPAC-MA	A	2:02.97
	1) Nelson, Molly 12	2) DiLenge, Lillian 12	
	3) Potts, Megan 12	4) Wenzel, Erin 12	
7	RAD-MA	A	2:06.51
	1) Quinones, Charlotte 12	2) Breen, Mia 12	
	3) Brunner, Audrey 12	4) MacKenzie, Bea 12	
8	WCAC-MA	A	2:08.96
	1) Thomas, Elle 11	2) Minnick, Suzie 12	
	3) Farrell, Abby 12	4) Simons, Emma 11	
9	CCA-MA	A	2:10.91

Event 7 Girls 14 & Under 200 Yard Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
2	CRSC-MA	A	2:18.96
	1) Bochnowicz, Velina 13	2) Bochnowicz, Julianna 13	
	3) Farrell, Caroleena 13	4) O'Sullivan, Sophie 14	
3	WCAC-MA	A	2:09.75
	1) Circosta, Carmella 14	2) Albertelli, Natalie 13	
	3) Sahl, Ava 13	4) Chess, Brianna 14	
4	PVAC-MA	A	2:06.65
	1) Helwig, Colby 13	2) Youngman, Lana 14	
	3) Richard, Colbie 14	4) Parsia, Ava 13	
5	NPAC-MA	B	2:03.50
	1) McCloskey, Maddie 13	2) Clancy, Evangeline 13	
	3) DiLenge, Naomi 14	4) Odonnell, Anna 13	
6	Lower Moreland-MA	A	2:06.39
	1) Koperska, Blanka 14	2) Mastrych, Kristina 13	
	3) Odhner, Lily 13	4) Mamikonyan, Sophia 14	
7	CCA-MA	A	2:08.18
8	PR-MA	A	2:11.12
	1) Hogan, Sadie 14	2) Vassallo, Ashlynn 14	
	3) Moore, Allison 14	4) Matusek, Myla 14	
9	CAC-MA	A	2:29.98
Heat 2 of 2 Finals			
2	DCAA-MA	A	2:00.66
	1) Nicosia, Emma 14	2) DiEnno, Ava 14	
	3) McCottry, Kada 13	4) Plevak, Madelyn 13	
3	RAD-MA	A	1:59.10
	1) Davis, Emery 14	2) Kong, Sophia 14	
	3) Flanagan, Elise 14	4) Collett, Lindsay 13	
4	MAC-MA	A	1:58.86
	1) Gulotta, Avery 13	2) McCabe, Caroline 13	
	3) Roulstone, Samantha 13	4) Knepley, Maiya 13	
5	SAC-MA	A	1:55.28
	1) Schoen, Lexi 13	2) Schoen, Charli 14	
	3) Keitel, Arden 14	4) Keitel, Nieve 14	
6	UDAC-MA	A	1:58.33
	1) Kenney, Mikayla 14	2) Auwarter, Alyssa 14	
	3) Kearney, Arden 14	4) Kivlehan, Maeve 13	
7	NPAC-MA	A	1:59.00
	1) Yum, Leah 13	2) Pickett, Brigid 14	
	3) Smithers, Jocelyn 13	4) Kim, Ruth 14	
8	LMAC-MA	A	1:59.58
	1) Fix, Devon 14	2) Dymek, Julia 14	
	3) Klock, Briana 14	4) Lawrence, Mallory 13	
9	SOU-MA	A	2:01.80
	1) Swindells, Penelope 14	2) Goldcamp, Morgan 14	
	3) Im, Ariana 14	4) Graham, Reilly 14	

SAL Girls League Championships 2024 - 1/28/2024

SAL 2023 Girls League Championships

Meet Program - Girls SAL League Champs

Event 8 Girls Open 200 Yard Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
4	CAC-MA	A	2:45.63
5	Lower Moreland-MA	A	2:00.63
	1) Horsnall, Samantha 17	2) Ciamaichelo, Clara 17	
	3) McIntyre, Macayla 17	4) Kitsul, Kristina 18	
6	PR-MA	A	2:00.22
	1) Ricciardi, Allyson 17	2) Kelly, Honora 15	
	3) Cattie, Emily 17	4) Vesey, Ava 17	
7	LMAc-MA	A	1:59.80
	1) Lawrence, Addie 17	2) Pramatarova, Emilia 13	
	3) McCloskey, Madeleine 14	4) Bailey, Annabel 15	
8	CCA-MA	A	2:04.87
Heat 2 of 2 Finals			
2	PVAC-MA	A	1:57.61
	1) Richard, Bayley 17	2) Koehler, Sydney 17	
	3) Koehler, Abby 16	4) Mages, Claire 15	
3	SAC-MA	A	1:56.64
	1) Toland, Gracie 15	2) Duncheskie, Grace 17	
	3) Hendrzak, Anna 15	4) Igou, Olivia 16	
4	SOUD-MA	A	1:54.39
	1) Woods, Kara 16	2) Burns, Jessica 18	
	3) Weikel, Riley 15	4) Stauffer, Anna 18	
5	RAD-MA	A	1:53.27
	1) Lake, Alice 15	2) Dymek, Anna 16	
	3) Lindgren, Maly 16	4) Potts-Drew, Katie 16	
6	UDAC-MA	A	1:53.65
	1) Williams, Victoria 15	2) Sileo-Magliari, Sophia 15	
	3) Auwarter, Olivia 15	4) Shapiro, Maddie 15	
7	NPAC-MA	A	1:55.91
	1) Heebner, Anna 16	2) Welsh, Zoe 16	
	3) Potts, Mikayla 16	4) Faikish, Madeline 16	
8	MAC-MA	A	1:57.61
	1) Wimmer, Madison 17	2) Ketterer, Izzy 16	
	3) Sommer, Truly 16	4) Michel, Lucy 16	

Event 9 Girls 8 & Under 25 Yard Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals				
1	Shepanek, Hassell	8	SAC-MA	17.16
2	Naldzin, Annie	8	MAC-MA	16.91
3	Perkins, Ellie	7	RAD-MA	16.85
4	Devlin, Rylee	7	MAC-MA	16.75
5	Lyons, Poppy	8	SAC-MA	16.66
6	Hartel, Quinn	8	CCA-MA	16.68
7	Miller, Caroline	8	PR-MA	16.81
8	Carey, Kathryn	8	HHAA-MA	16.85
9	Manley, Chrissy	8	SAC-MA	17.04
10	Noll, Layla	8	SOUD-MA	17.20

Heat 2 of 2 Finals

2	Ellis, Adeline	8	HHAA-MA	16.62
3	Farrell, Saoirse	8	MAC-MA	16.32
4	Darr, Aria	8	NPAC-MA	15.46
5	Weathers, Ella	8	NPAC-MA	15.00
6	Myers, Klara	8	CRSC-MA	15.12
7	Coonley, Catherine	8	RAD-MA	15.76
8	Abazi, Audrey	8	UMAC-MA	16.53
9	De La Rosa, Caroline	8	RAD-MA	16.62

Alternates

1	McCarthy, Madeline	8	RAD-MA	17.21
2	Toner Lebron, Deeanalys	8	DCAA-MA	17.25

Event 10 Girls 9-10 100 Yard Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals				
1	Pollard, Ella	10	CBST-MA	1:15.28
2	Zhang, Aileen	10	Lower Moreland-MA	1:14.75
3	Wiesen, Annie	10	RAD-MA	1:14.40
4	Sun, Summer	10	WCAC-MA	1:14.01
5	Cook, Payton	10	NPAC-MA	1:12.82
6	Graybehl, Aubrey	10	WCAC-MA	1:13.86
7	Wehr, Brennan	10	NPAC-MA	1:14.34
8	Edel, Ariel	10	DCAA-MA	1:14.48
9	Regan, Mary Elizabeth	9	RAD-MA	1:15.10
10	Egbert, Eris	9	CRSC-MA	1:15.74
Heat 2 of 2 Finals				
2	Wike, Gabby	10	MAC-MA	1:11.99
3	Smithers, Julianne	10	NPAC-MA	1:11.11
4	Cooper, Annie	10	SAC-MA	1:08.68
5	McGuckin, Willa	10	UDAC-MA	1:07.67
6	McEvoy, Eva	10	RAD-MA	1:08.04
7	Cratin, Devon	10	UDAC-MA	1:11.05
8	Vandermolen, Clara	10	NPAC-MA	1:11.12
9	Feldkamp, Katerina	10	WCAC-MA	1:12.50
Alternates				
1	Krail, Izzy	9	NPAC-MA	1:16.41
2	Barton, Aisling	10	DCAA-MA	1:16.81

Event 11 Girls 11-12 100 Yard Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals				
1	Hoch, Keira	11	DCAA-MA	1:02.45
2	Moore, Addison	12	SOUD-MA	1:02.30
3	Hiestand, Addie	12	SOUD-MA	1:01.53
4	Wenzel, Erin	12	NPAC-MA	1:00.75
5	Morgan, Amber	12	SOUD-MA	1:00.23
6	Brunner, Audrey	12	RAD-MA	1:00.63
7	Daly, Kiera	12	PR-MA	1:01.04
8	Johnson, Izzy	12	MAC-MA	1:01.88
9	Manser, Eden	12	UDAC-MA	1:02.37
10	Shorr, Mia	12	CBST-MA	1:02.75

SAL Girls League Championships 2024 - 1/28/2024

SAL 2023 Girls League Championships

Meet Program - Girls SAL League Champs

Heat 2 Finals (#11 Girls 11-12 100 Yard Freestyle)

2	Schadler, Aurora	12	MAC-MA	59.85
3	Simons, Emma	11	WCAC-MA	59.09
4	Alderson, Emery	12	HHAA-MA	58.19
5	Bianco, Kelsey	12	LMAC-MA	57.10
6	Kovtounenko, Olya	11	CBST-MA	57.93
7	Capriotti, Vita	12	UDAC-MA	59.07
8	Nelson, Molly	12	NPAC-MA	59.30
9	Le, Olivia	12	MAC-MA	59.94

Alternates

1	McDermott, Eve	12	LMAC-MA	1:04.12
2	Makarichev, Bella	12	NPAC-MA	1:04.38

Event 12 Girls 13-14 100 Yard Freestyle

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	McCloskey, Maddie	13	NPAC-MA	58.76
2	Collett, Lindsay	13	RAD-MA	58.71
3	Lawrence, Mallory	13	LMAC-MA	58.28
4	Davis, Emery	14	RAD-MA	58.00
5	Clancy, Evangeline	13	NPAC-MA	57.92
6	Kim, Ruth	14	NPAC-MA	57.94
7	Braun, Casey	14	UDAC-MA	58.06
8	Urena, Sofia	13	CBST-MA	58.64
9	Flanagan, Elise	14	RAD-MA	58.75
10	McCabe, Caroline	13	MAC-MA	58.85

Heat 2 of 2 Finals

2	Schoen, Lexi	13	SAC-MA	57.70
3	McCottry, Kada	13	DCAA-MA	57.21
4	Keitel, Nieve	14	SAC-MA	55.99
5	Keitel, Arden	14	SAC-MA	53.14
6	Klock, Briana	14	LMAC-MA	54.48
7	Kivlehan, Maeve	13	UDAC-MA	56.68
8	Yum, Leah	13	NPAC-MA	57.57
9	Kenney, Mikayla	14	UDAC-MA	57.75

Alternates

1	Koperska, Blanka	14	Lower Moreland-MA	59.54
2	McIlhinney, Audra	14	CCA-MA	59.63

Event 13 Girls Open 200 Yard Freestyle

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	Forster, Laney	16	SAC-MA	2:10.34
2	Michel, Lucy	16	MAC-MA	2:08.97
3	McGuckin, Ella	15	UDAC-MA	2:07.86
4	Bailey, Annabel	15	LMAC-MA	2:06.70
5	Koehler, Abby	16	PVAC-MA	2:05.85
6	Mages, Claire	15	PVAC-MA	2:06.37
7	Vitella, Olivia	17	UDAC-MA	2:07.02
8	Sommer, Truly	16	MAC-MA	2:08.14
9	Kent, Lilly	16	RAD-MA	2:09.17
10	McIntyre, Macayla	17	Lower Moreland-MA	2:10.68

Heat 2 of 2 Finals

2	Potts-Drew, Katie	16	RAD-MA	2:04.19
3	Moore, Sammy	16	CCA-MA	2:03.70
4	Tudge, Olivia	15	RAD-MA	1:59.65
5	Williams, Victoria	15	UDAC-MA	1:52.17
6	Faikish, Madeline	16	NPAC-MA	1:58.91
7	Shapiro, Maddie	15	UDAC-MA	2:00.21
8	Duncheskie, Grace	17	SAC-MA	2:03.81
9	Ciamaichelo, Clara	17	Lower Moreland-MA	2:04.57

Alternates

1	Mondoro, Madilyn	15	CCA-MA	2:10.89
---	------------------	----	--------	---------

Event 14 Girls 8 & Under 25 Yard Backstroke

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	Feldkamp, Yulia	8	WCAC-MA	21.68
2	Miller, Aviella/Avi	8	MAC-MA	21.57
3	Breuninger, Hannah	8	SAC-MA	21.15
4	Carey, Kathryn	8	HHAA-MA	21.02
5	Quinones, Maggie	8	RAD-MA	20.90
6	Agnello, Samantha	8	LMAC-MA	20.94
7	Manley, Chrissy	8	SAC-MA	21.03
8	Fairchok, Penelope	8	SOUD-MA	21.53
9	Hoch, Autumn	7	DCAA-MA	21.59
10	McDivitt, Ela	8	SAC-MA	22.03

Heat 2 of 2 Finals

2	Farrell, Saoirse	8	MAC-MA	20.58
3	James, Scarlet	8	CCA-MA	20.21
4	Meyer, Maeve	8	HHAA-MA	19.72
5	Weathers, Ella	8	NPAC-MA	17.38
6	Black, Ellie	8	UDAC-MA	18.85
7	De La Rosa, Caroline	8	RAD-MA	20.06
8	Naldzin, Annie	8	MAC-MA	20.24
9	Perkins, Ellie	7	RAD-MA	20.78

Alternates

1	Miller, Caroline	8	PR-MA	22.05
2	Lauterio, Belle	8	PVAC-MA	22.13

Event 15 Girls 9-10 50 Yard Backstroke

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	Conneen, Rory	10	MAC-MA	40.21
2	Zhukarev, Alexis	10	MAC-MA	40.03
3	Patel, Raashi	9	PVAC-MA	39.89
4	Auwarter, Emma	10	UDAC-MA	39.52
5	Wehr, Brennan	10	NPAC-MA	39.02
6	Walls, Cayden	10	RAD-MA	39.44
7	Graybehl, Aubrey	10	WCAC-MA	39.54
8	Dixon, Anna	10	MAC-MA	39.92
9	McCarthy, Olivia	9	CCA-MA	40.19
10	Nguyen, Sofia	10	SOUD-MA	40.25

SAL Girls League Championships 2024 - 1/28/2024

SAL 2023 Girls League Championships

Meet Program - Girls SAL League Champs

Heat 2 Finals (#15 Girls 9-10 50 Yard Backstroke)

2	Sharkov, Nicole	9	Lower Moreland-MA	38.90
3	McGuckin, Willa	10	UDAC-MA	36.71
4	Tripple, Violet	10	LMAC-MA	36.43
5	McEvoy, Eva	10	RAD-MA	35.47
6	Bendler, Lillian	10	SOUD-MA	36.30
7	Castaneda, Abby	10	NPAC-MA	36.70
8	Feldkamp, Katerina	10	WCAC-MA	38.16
9	Sun, Summer	10	WCAC-MA	38.91

Alternates

1	Grubb, Caroline	9	NPAC-MA	40.78
2	Quinones, Emma	10	RAD-MA	40.93

Event 16 Girls 11-12 50 Yard Backstroke

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	Tripple, Lily	12	LMAC-MA	33.99
2	Hartel, Anna	11	CCA-MA	33.78
3	James, Mia	11	CCA-MA	33.38
4	DiFranco, Amelia	12	SAC-MA	33.34
5	Hoch, Keira	11	DCAA-MA	32.46
6	Daly, Kiera	12	PR-MA	32.90
7	Potts, Megan	12	NPAC-MA	33.34
8	Ojeda, Alma	12	DCAA-MA	33.75
9	Roberts, Maya	12	MAC-MA	33.88
10	Hutchman, Eva	12	UDAC-MA	34.07

Heat 2 of 2 Finals

2	Morgan, Amber	12	SOUD-MA	31.64
3	Alderson, Emery	12	HHAA-MA	30.74
4	Kovtounenko, Olya	11	CBST-MA	30.50
5	Short, Aubrey	12	MAC-MA	29.77
6	Nelson, Molly	12	NPAC-MA	30.31
7	Quinones, Charlotte	12	RAD-MA	30.52
8	Capriotti, Vita	12	UDAC-MA	31.21
9	Huggard, Chelsea	11	MAC-MA	32.40

Alternates

1	Shorr, Mia	12	CBST-MA	34.09
2	McGlasson, Mary Kate	11	UDAC-MA	34.30

Event 17 Girls 13-14 100 Yard Backstroke

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	Richard, Colbie	14	PVAC-MA	1:07.76
2	Gulotta, Avery	13	MAC-MA	1:07.27
3	Auwarter, Alyssa	14	UDAC-MA	1:06.06
4	Lawrence, Mallory	13	LMAC-MA	1:05.79
5	Kenney, Mikayla	14	UDAC-MA	1:05.47
6	Toth, Vivian	13	UDAC-MA	1:05.70
7	Fix, Devon	14	LMAC-MA	1:05.82
8	Schoen, Lexi	13	SAC-MA	1:06.25
9	McCloskey, Madeleine	14	LMAC-MA	1:07.45
10	Robbins, Emme	14	UDAC-MA	1:08.44

Heat 2 of 2 Finals

2	McCottry, Kada	13	DCAA-MA	1:05.32
3	Braun, Casey	14	UDAC-MA	1:05.04
4	Detwiler, Grace	14	UDAC-MA	1:04.58
5	Hogan, Sadie	14	PR-MA	1:02.11
6	Koperska, Blanka	14	Lower Moreland-MA	1:03.40
7	McCloskey, Maddie	13	NPAC-MA	1:04.98
8	Davis, Emery	14	RAD-MA	1:05.21
9	Kim, Ruth	14	NPAC-MA	1:05.39

Alternates

1	Swindells, Penelope	14	SOUD-MA	1:08.89
2	Smithers, Jocelyn	13	NPAC-MA	1:09.17

Event 18 Girls 15 & Over 100 Yard Backstroke

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	Welsh, Zoe	16	NPAC-MA	1:05.48
2	Lawrence, Addie	17	LMAC-MA	1:05.39
3	Weikel, Riley	15	SOUD-MA	1:04.85
4	Richard, Bayley	17	PVAC-MA	1:04.19
5	Wimmer, Madison	17	MAC-MA	1:03.40
6	Potts, Mikayla	16	NPAC-MA	1:03.87
7	Toland, Gracie	15	SAC-MA	1:04.55
8	Koehler, Abby	16	PVAC-MA	1:05.30
9	Bailey, Annabel	15	LMAC-MA	1:05.41
10	Forgione, Carolyn	15	CCA-MA	1:06.64

Heat 2 of 2 Finals

2	Ricciardi, Allyson	17	PR-MA	1:02.51
3	Faikish, Madeline	16	NPAC-MA	1:02.47
4	Lindgren, Maly	16	RAD-MA	1:01.78
5	Lake, Alice	15	RAD-MA	58.62
6	Auwarter, Olivia	15	UDAC-MA	59.60
7	Woods, Kara	16	SOUD-MA	1:02.16
8	Cottingham, Keira	15	UDAC-MA	1:02.50
9	Tucker, Ruby	15	DCAA-MA	1:02.90

Event 19 Girls 8 & Under 25 Yard Breaststroke

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	Quinn, Maura	7	NPAC-MA	24.45
2	Tiegs, Emily	8	PVAC-MA	24.02
3	Rubbo, Emmy	8	CCA-MA	23.73
4	Nind, Chloe	7	CRSC-MA	23.25
5	Coonley, Catherine	8	RAD-MA	22.89
6	Kindt, Ella	8	WCAC-MA	23.21
7	DeHoratius, Stella	8	LMAC-MA	23.43
8	Kennedy, Burke	8	UDAC-MA	23.83
9	Lynch, Cass	8	UDAC-MA	24.03
10	Auty, Taylor	8	Lower Moreland-MA	24.60

SAL Girls League Championships 2024 - 1/28/2024

SAL 2023 Girls League Championships

Meet Program - Girls SAL League Champs

Heat 2 Finals (#19 Girls 8 & Under 25 Yard Breaststroke)

2	Rankin, Avery	8	SAC-MA	22.74
3	Noll, Layla	8	SOUND-MA	22.52
4	Darr, Aria	8	NPAC-MA	21.94
5	Myers, Klara	8	CRSC-MA	20.16
6	James, Scarlet	8	CCA-MA	20.72
7	Gretchen, Lily	8	WCAC-MA	22.41
8	Groth, Barrett	7	DCAA-MA	22.69
9	Hoch, Autumn	7	DCAA-MA	22.84

Alternates

1	Ellis, Adeline	8	HHAA-MA	24.75
2	Miller, Aviella/Avi	8	MAC-MA	24.86

Event 20 Girls 9-10 50 Yard Breaststroke

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	Wiesen, Annie	10	RAD-MA	45.98
2	Chan, Isabelle	9	WCAC-MA	45.87
3	Dunn, Ellie	10	PR-MA	45.62
4	Engle, Kennedy	9	PVAC-MA	44.77
5	Whelan, Macie	9	SAC-MA	44.35
6	Gretchen, Addie	10	WCAC-MA	44.56
7	Edel, Ariel	10	DCAA-MA	44.83
8	Cole, Nora	10	HHAA-MA	45.78
9	Collins, Jossalyn	10	NPAC-MA	45.96
10	Lee, Audrey	10	WCAC-MA	46.06

Heat 2 of 2 Finals

2	Walls, Cayden	10	RAD-MA	43.77
3	Schwanbeck, Ella	10	SOUND-MA	42.32
4	Cratin, Devon	10	UDAC-MA	39.50
5	Mandel, Audrey	10	CCA-MA	37.88
6	Houchins, Cassidy	10	SOUND-MA	39.23
7	Wike, Gabby	10	MAC-MA	40.27
8	Felty, Hannah	10	PVAC-MA	42.44
9	Cook, Payton	10	NPAC-MA	44.09

Alternates

1	Krail, Izzy	9	NPAC-MA	46.15
2	Chain, Kylie	9	PVAC-MA	46.82

Event 21 Girls 11-12 50 Yard Breaststroke

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	Luna Goffredo, Dany	12	NPAC-MA	38.79
2	Patel, Kavya	11	PVAC-MA	38.56
3	Slaman, Ellie	12	CRSC-MA	38.28
4	McDermott, Eve	12	LMAC-MA	37.57
5	Makarichev, Bella	12	NPAC-MA	37.05
6	Pitchford, Hailey	12	MAC-MA	36.86
7	McGlasson, Mary Kate	11	UDAC-MA	37.34
8	Wigginton, Sarah	11	UDAC-MA	38.27
9	Knepley, Emi	11	MAC-MA	38.42
10	Roberts, Maya	12	MAC-MA	38.61

Heat 2 of 2 Finals

1	Madaffari, Valentina	12	CCA-MA	36.83
2	DiLenge, Lillian	12	NPAC-MA	35.69
3	Johnson, Izzy	12	MAC-MA	35.17
4	Hiestand, Addie	12	SOUND-MA	34.90
5	Baughman, Lilly	12	UDAC-MA	34.47
6	Minnick, Suzie	12	WCAC-MA	34.87
7	Moore, Colleen	12	PR-MA	35.05
8	Ojeda, Alma	12	DCAA-MA	35.45
9	Breen, Mia	12	RAD-MA	36.28

Alternates

1	Dodson, Autumn	12	PVAC-MA	39.02
2	Shields, Erin	12	NPAC-MA	39.38

Event 22 Girls 13-14 100 Yard Breaststroke

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	Kong, Sophia	14	RAD-MA	1:18.76
2	McCabe, Caroline	13	MAC-MA	1:17.77
3	Robbins, Emme	14	UDAC-MA	1:15.53
4	Carson, Mary	14	DCAA-MA	1:14.88
5	Pramatarova, Emilia	13	LMAC-MA	1:14.02
6	Toth, Vivian	13	UDAC-MA	1:14.40
7	Dymek, Julia	14	LMAC-MA	1:15.03
8	Odhner, Lily	13	Lower Moreland-MA	1:16.31
9	Maystrych, Kristina	13	Lower Moreland-MA	1:18.02
10	Diebold, Maren	13	RAD-MA	1:19.27

Heat 2 of 2 Finals

2	Clancy, Evangeline	13	NPAC-MA	1:13.24
3	Schoen, Charli	14	SAC-MA	1:12.57
4	Pickett, Brigid	14	NPAC-MA	1:12.19
5	Roulstone, Samantha	13	MAC-MA	1:08.82
6	Goldcamp, Morgan	14	SOUND-MA	1:09.84
7	Auwarter, Alyssa	14	UDAC-MA	1:12.57
8	DiEnno, Ava	14	DCAA-MA	1:13.14
9	Springer, Anna	14	PVAC-MA	1:13.33

Alternates

1	Guynn, Caroline	13	SAC-MA	1:19.96
2	DiLenge, Naomi	14	NPAC-MA	1:20.88

Event 23 Girls 15 & Over 100 Yard Breaststroke

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	Giordani, Alyvia	15	PVAC-MA	1:16.69
2	Kelly, Honora	15	PR-MA	1:14.64
3	Duncheskie, Grace	17	SAC-MA	1:14.27
4	Igou, Olivia	16	SAC-MA	1:13.66
5	Heebner, Anna	16	NPAC-MA	1:12.84
6	Ketterer, Izzy	16	MAC-MA	1:12.94
7	Stauffer, Anna	18	SOUND-MA	1:14.17
8	Hendrzak, Anna	15	SAC-MA	1:14.61
9	Rowe, Fiona	16	NPAC-MA	1:15.31
10	Forster, Laney	16	SAC-MA	1:17.06

SAL Girls League Championships 2024 - 1/28/2024

SAL 2023 Girls League Championships

Meet Program - Girls SAL League Champs

Heat 2 Finals (#23 Girls 15 & Over 100 Yard Breaststroke)

2	Dymek, Anna	16	RAD-MA	1:11.32
3	Ciamaichelo, Clara	17	Lower Moreland-MA	1:09.28
4	Shapiro, Maddie	15	UDAC-MA	1:08.53
5	Sileo-Magliari, Sophia	15	UDAC-MA	1:05.78
6	Burns, Jessica	18	Soud-MA	1:06.70
7	Kelcy, Caroline	15	Soud-MA	1:09.16
8	Koehler, Sydney	17	PVAC-MA	1:09.81
9	Welsh, Zoe	16	NPAC-MA	1:11.89

Event 24 Girls 8 & Under 25 Yard Butterfly

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	Lauterio, Belle	8	PVAC-MA	20.03
2	DeHoratius, Stella	8	LMAC-MA	19.90
3	Carey, Kathryn	8	HHAA-MA	19.82
4	Ellis, Adeline	8	HHAA-MA	19.63
5	Toner Lebron, Deeanalys	8	DCAA-MA	19.35
6	Devlin, Rylee	7	MAC-MA	19.62
7	Lyons, Poppy	8	SAC-MA	19.65
8	Abazi, Audrey	8	UMAC-MA	19.87
9	Nind, Chloe	7	CRSC-MA	19.94
10	Braun, Alina	7	SAC-MA	20.05

Heat 2 of 2 Finals

2	Rankin, Avery	8	SAC-MA	18.93
3	Black, Ellie	8	UDAC-MA	17.55
4	Kennedy, Burke	8	UDAC-MA	17.41
5	Weathers, Ella	8	NPAC-MA	15.95
6	Myers, Klara	8	CRSC-MA	16.03
7	De La Rosa, Caroline	8	RAD-MA	17.47
8	Meyer, Maeve	8	HHAA-MA	18.21
9	Hartel, Quinn	8	CCA-MA	18.97

Alternates

1	Bachmann, Kaden	7	NPAC-MA	20.10
2	Miller, Caroline	8	PR-MA	20.28

Event 25 Girls 9-10 50 Yard Butterfly

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	Hill, McKenna	10	DCAA-MA	40.22
2	Auwarter, Emma	10	UDAC-MA	39.95
3	Graybehl, Aubrey	10	WCAC-MA	39.62
4	Bennett, Isabel	9	SAC-MA	39.08
5	Bell, Maddie	10	SAC-MA	38.60
6	Engle, Kennedy	9	PVAC-MA	38.25
7	Sharkov, Nicole	9	Lower Moreland-MA	38.86
8	Regan, Mary Elizabeth	9	RAD-MA	39.50
9	Douglas, Zoe	10	HHAA-MA	39.68
10	Hones, Scarlett	10	PVAC-MA	40.22

Heat 2 of 2 Finals

1	Castaneda, Abby	10	NPAC-MA	37.74
2	Piotrowicz, Kenzie	9	PR-MA	37.61
3	Patel, Raashi	9	PVAC-MA	36.78
4	Vandermolen, Clara	10	NPAC-MA	36.00
5	Cooper, Annie	10	SAC-MA	33.24
6	Tripple, Violet	10	LMAC-MA	33.58
7	Bendler, Lillian	10	Soud-MA	36.10
8	Whelan, Macie	9	SAC-MA	37.00
9	Grubb, Caroline	9	NPAC-MA	37.63

Alternates

1	Del Portal, Eva	9	LMAC-MA	40.93
2	Komoroski, Cassidy	9	MAC-MA	41.19

Event 26 Girls 11-12 50 Yard Butterfly

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	Hartel, Anna	11	CCA-MA	32.49
2	Kitsul, Nikka	11	Lower Moreland-MA	32.14
3	Moore, Addison	12	Soud-MA	31.69
4	Huggard, Chelsea	11	MAC-MA	31.49
5	James, Mia	11	CCA-MA	31.35
6	Manser, Eden	12	UDAC-MA	31.37
7	Robbins, Mae	11	UDAC-MA	31.54
8	Quinones, Charlotte	12	RAD-MA	31.85
9	Hiller, Audrey	12	DCAA-MA	32.38
10	Jung, Alexis	12	PVAC-MA	32.75

Heat 2 of 2 Finals

2	MacKenzie, Bea	12	RAD-MA	30.87
3	Schadler, Aurora	12	MAC-MA	29.71
4	Bianco, Kelsey	12	LMAC-MA	29.65
5	Le, Olivia	12	MAC-MA	28.85
6	Brunner, Audrey	12	RAD-MA	29.03
7	Kovtounenko, Olya	11	CBST-MA	29.65
8	Potts, Megan	12	NPAC-MA	30.47
9	Baughman, Lilly	12	UDAC-MA	31.26

Alternates

1	Ledwith, Bridget	11	SAC-MA	32.82
2	Wehr, Cameron	12	NPAC-MA	32.83

Event 27 Girls 13-14 100 Yard Butterfly

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	Carfrey, Ellyse	14	LMAC-MA	1:08.55
2	Pickett, Brigid	14	NPAC-MA	1:08.25
3	Kearney, Arden	14	UDAC-MA	1:07.44
4	Goldcamp, Morgan	14	Soud-MA	1:06.19
5	Smithers, Jocelyn	13	NPAC-MA	1:05.74
6	Sawka, Natalie	14	UDAC-MA	1:06.14
7	Richard, Colbie	14	PVAC-MA	1:07.17
8	Slegel, Brigid	14	Lower Moreland-MA	1:07.82
9	Panachyda, Kat	14	NPAC-MA	1:08.47
10	DiLenge, Naomi	14	NPAC-MA	1:08.76

SAL Girls League Championships 2024 - 1/28/2024

SAL 2023 Girls League Championships

Meet Program - Girls SAL League Champs

Heat 2 Finals (#27 Girls 13-14 100 Yard Butterfly)

2	McCottry, Kada	13	DCAA-MA	1:05.39
3	McCloskey, Madeleine	14	LMAC-MA	1:03.85
4	Hogan, Sadie	14	PR-MA	1:00.80
5	Keitel, Arden	14	SAC-MA	59.76
6	Klock, Briana	14	LMAC-MA	59.88
7	Flanagan, Elise	14	RAD-MA	1:03.66
8	Keitel, Nieve	14	SAC-MA	1:04.73
9	O'Driscoll, Grace	14	RAD-MA	1:05.47

Alternates

1	Im, Ariana	14	SOUD-MA	1:08.83
2	Gulotta, Avery	13	MAC-MA	1:09.12

Event 28 Girls 15 & Over 100 Yard Butterfly

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	Baker, Kayleigh	17	NPAC-MA	1:07.75
2	Horsnall, Samantha	17	Lower Moreland-MA	1:06.87
3	DiLenge, Kathryn	16	NPAC-MA	1:05.18
4	Williams, Victoria	15	UDAC-MA	1:03.92
5	Motelson, Jessie	15	UDAC-MA	1:03.29
6	Koehler, Abby	16	PVAC-MA	1:03.87
7	Sommer, Truly	16	MAC-MA	1:04.73
8	Mages, Claire	15	PVAC-MA	1:06.10
9	Mondoro, Madilyn	15	CCA-MA	1:07.41
10	Giordani, Alyvia	15	PVAC-MA	1:07.76

Heat 2 of 2 Finals

2	Potts, Mikayla	16	NPAC-MA	1:01.85
3	Weikel, Riley	15	SOUD-MA	1:01.17
4	Dymek, Anna	16	RAD-MA	1:00.68
5	Auwarter, Olivia	15	UDAC-MA	59.20
6	Potts-Drew, Katie	16	RAD-MA	1:00.40
7	Cottingham, Keira	15	UDAC-MA	1:01.14
8	Lindgren, Maly	16	RAD-MA	1:01.60
9	Woods, Kara	16	SOUD-MA	1:02.36

Event 29 Girls 8 & Under 50 Yard Freestyle

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	Collins, Moira	8	Lower Moreland-MA	40.33
2	Auty, Taylor	8	Lower Moreland-MA	39.66
3	Abazi, Audrey	8	UMAC-MA	38.96
4	Hartel, Quinn	8	CCA-MA	38.87
5	Devlin, Rylee	7	MAC-MA	38.33
6	Kennedy, Burke	8	UDAC-MA	38.87
7	Toner Lebron, Deeanalys	8	DCAA-MA	38.93
8	Manley, Chrissy	8	SAC-MA	39.60
9	Perkins, Ellie	7	RAD-MA	39.85
10	McCarthy, Madeline	8	RAD-MA	40.34

Heat 2 of 2 Finals

2	Coonley, Catherine	8	RAD-MA	37.22
3	Darr, Aria	8	NPAC-MA	36.53
4	James, Scarlet	8	CCA-MA	36.36
5	Black, Ellie	8	UDAC-MA	35.43
6	Rankin, Avery	8	SAC-MA	36.08
7	Farrell, Saoirse	8	MAC-MA	36.46
8	Naldzin, Annie	8	MAC-MA	37.18
9	Meyer, Maeve	8	HHAA-MA	38.15

Alternates

1	Hoch, Autumn	7	DCAA-MA	40.88
2	Nind, Chloe	7	CRSC-MA	41.06

Event 30 Girls 9-10 50 Yard Freestyle

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	Conneen, Rory	10	MAC-MA	33.71
2	Zhang, Aileen	10	Lower Moreland-MA	33.41
3	Egbert, Eris	9	CRSC-MA	33.11
4	Whelan, Macie	9	SAC-MA	33.07
5	Castaneda, Abby	10	NPAC-MA	32.91
6	Engle, Kennedy	9	PVAC-MA	33.00
7	Pollard, Ella	10	CBST-MA	33.10
8	Sun, Summer	10	WCAC-MA	33.23
9	Wehr, Brennan	10	NPAC-MA	33.50
10	McGinley, Dylan	9	UDAC-MA	33.89

Heat 2 of 2 Finals

2	Vandermolen, Clara	10	NPAC-MA	32.36
3	Smithers, Julianne	10	NPAC-MA	31.59
4	Cooper, Annie	10	SAC-MA	30.71
5	Mandel, Audrey	10	CCA-MA	29.28
6	Cratin, Devon	10	UDAC-MA	30.28
7	Tripple, Violet	10	LMAC-MA	30.94
8	Keenan, Chelsea	10	UDAC-MA	32.08
9	Wiesen, Annie	10	RAD-MA	32.47

Alternates

1	Piotrowicz, Kenzie	9	PR-MA	34.33
2	Auwarter, Emma	10	UDAC-MA	34.37

Event 31 Girls 11-12 50 Yard Freestyle

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	Hiller, Audrey	12	DCAA-MA	29.03
2	Tripple, Lily	12	LMAC-MA	29.01
3	Hutchman, Eva	12	UDAC-MA	28.78
4	Hartel, Anna	11	CCA-MA	28.46
5	Daly, Kiera	12	PR-MA	28.11
6	Wenzel, Erin	12	NPAC-MA	28.24
7	Moore, Addison	12	SOUD-MA	28.38
8	Quinones, Charlotte	12	RAD-MA	28.66
9	Robbins, Mae	11	UDAC-MA	28.83
10	Zochowski, Alaina	11	UDAC-MA	29.03

SAL Girls League Championships 2024 - 1/28/2024

SAL 2023 Girls League Championships

Meet Program - Girls SAL League Champs

Heat 2 Finals (#31 Girls 11-12 50 Yard Freestyle)

1	DiLenge, Lillian	12	NPAC-MA	28.02
2	MacKenzie, Bea	12	RAD-MA	27.74
3	Morgan, Amber	12	SOUND-MA	27.08
4	Nelson, Molly	12	NPAC-MA	26.80
5	Bianco, Kelsey	12	LMAC-MA	25.83
6	Short, Aubrey	12	MAC-MA	26.44
7	Alderson, Emery	12	HHAA-MA	26.90
8	Simons, Emma	11	WCAC-MA	27.19
9	Manser, Eden	12	UDAC-MA	27.89

Alternates

1	Hoch, Keira	11	DCAA-MA	29.08
2	Madaffari, Valentina	12	CCA-MA	29.12

Event 32 Girls 13-14 50 Yard Freestyle

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	Pickett, Brigid	14	NPAC-MA	27.11
2	Richard, Colbie	14	PVAC-MA	27.07
3	Flanagan, Elise	14	RAD-MA	26.84
4	Kivlehan, Maeve	13	UDAC-MA	26.73
5	Collett, Lindsay	13	RAD-MA	26.70
6	Koperska, Blanka	14	Lower Moreland-MA	26.71
7	Kenney, Mikayla	14	UDAC-MA	26.76
8	Shaw, Porter	14	LMAC-MA	26.90
9	McCloskey, Maddie	13	NPAC-MA	27.07
10	Knepley, Maiya	13	MAC-MA	27.11

Heat 2 of 2 Finals

2	Detwiler, Grace	14	UDAC-MA	26.57
3	Lawrence, Mallory	13	LMAC-MA	26.31
4	Roulstone, Samantha	13	MAC-MA	25.81
5	Keitel, Arden	14	SAC-MA	24.43
6	Keitel, Nieve	14	SAC-MA	25.43
7	Kim, Ruth	14	NPAC-MA	25.93
8	Yum, Leah	13	NPAC-MA	26.36
9	Davis, Emery	14	RAD-MA	26.59

Alternates

1	Braun, Casey	14	UDAC-MA	27.19
2	Matussek, Myla	14	PR-MA	27.47

Event 33 Girls 15 & Over 100 Yard Freestyle

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	Tucker, Ruby	15	DCAA-MA	58.64
2	Stauffer, Anna	18	SOUND-MA	57.91
3	Sileo-Magliari, Sophia	15	UDAC-MA	57.55
4	Ricciardi, Allyson	17	PR-MA	56.99
5	Woods, Kara	16	SOUND-MA	56.71
6	Moore, Sammy	16	CCA-MA	56.88
7	Heebner, Anna	16	NPAC-MA	57.10
8	Scanlon, Katie	16	SAC-MA	57.62
9	Duncheskie, Grace	17	SAC-MA	58.55
10	Michel, Lucy	16	MAC-MA	58.93

Heat 2 of 2 Finals

2	Weikel, Riley	15	SOUND-MA	56.33
3	Faikish, Madeline	16	NPAC-MA	55.29
4	Lake, Alice	15	RAD-MA	55.21
5	Wimmer, Madison	17	MAC-MA	52.94
6	Ciamaichelo, Clara	17	Lower Moreland-MA	55.21
7	Potts-Drew, Katie	16	RAD-MA	55.24
8	Igou, Olivia	16	SAC-MA	56.00
9	Tudge, Olivia	15	RAD-MA	56.67

Event 34 Girls 9-10 100 Yard IM

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	Walls, Cayden	10	RAD-MA	1:30.61
2	Bell, Maddie	10	SAC-MA	1:29.94
3	Sharkov, Nicole	9	Lower Moreland-MA	1:27.85
4	Edel, Ariel	10	DCAA-MA	1:26.91
5	Houchins, Cassidy	10	SOUND-MA	1:23.22
6	Cole, Nora	10	HHAA-MA	1:26.41
7	Patel, Raashi	9	PVAC-MA	1:27.55
8	Dixon, Anna	10	MAC-MA	1:29.04
9	Pluff, McKinleigh	10	CBST-MA	1:30.19
10	Douglas, Zoe	10	HHAA-MA	1:30.93

Heat 2 of 2 Finals

2	Feldkamp, Katerina	10	WCAC-MA	1:21.88
3	Bendler, Lillian	10	SOUND-MA	1:21.29
4	McEvoy, Eva	10	RAD-MA	1:19.09
5	Mandel, Audrey	10	CCA-MA	1:17.40
6	McGuckin, Willa	10	UDAC-MA	1:18.98
7	Smithers, Julianne	10	NPAC-MA	1:20.88
8	Wike, Gabby	10	MAC-MA	1:21.41
9	Cook, Payton	10	NPAC-MA	1:22.42

Alternates

1	Pollard, Ella	10	CBST-MA	1:30.98
2	Zhukarev, Alexis	10	MAC-MA	1:32.01

Event 35 Girls 11-12 100 Yard IM

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	Hiller, Audrey	12	DCAA-MA	1:12.96
2	Ojeda, Alma	12	DCAA-MA	1:12.56
3	DiLenge, Lillian	12	NPAC-MA	1:12.12
4	Wigginton, Sarah	11	UDAC-MA	1:11.73
5	Johnson, Izzy	12	MAC-MA	1:10.86
6	Minnick, Suzie	12	WCAC-MA	1:11.70
7	Huggard, Chelsea	11	MAC-MA	1:11.90
8	Wenzel, Erin	12	NPAC-MA	1:12.23
9	Potts, Megan	12	NPAC-MA	1:12.88
10	McDermott, Eve	12	LMAC-MA	1:13.37

SAL Girls League Championships 2024 - 1/28/2024

SAL 2023 Girls League Championships

Meet Program - Girls SAL League Champs

Heat 2 Finals (#35 Girls 11-12 100 Yard IM)

2	Brunner, Audrey	12	RAD-MA	1:09.84
3	Capriotti, Vita	12	UDAC-MA	1:09.03
4	Schadler, Aurora	12	MAC-MA	1:08.65
5	Le, Olivia	12	MAC-MA	1:06.69
6	Short, Aubrey	12	MAC-MA	1:07.69
7	Baughman, Lilly	12	UDAC-MA	1:09.01
8	Simons, Emma	11	WCAC-MA	1:09.26
9	Hiestand, Addie	12	SOUND-MA	1:10.74

Alternates

1	James, Mia	11	CCA-MA	1:13.38
2	Moore, Colleen	12	PR-MA	1:13.53

Event 36 Girls 13-14 200 Yard IM

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	Smithers, Jocelyn	13	NPAC-MA	2:29.06
2	Robbins, Emme	14	UDAC-MA	2:26.74
3	Clancy, Evangeline	13	NPAC-MA	2:25.97
4	Schoen, Lexi	13	SAC-MA	2:25.76
5	Yum, Leah	13	NPAC-MA	2:25.55
6	Carfrey, Ellyse	14	LMAC-MA	2:25.67
7	McCloskey, Madeleine	14	LMAC-MA	2:25.78
8	DiEnno, Ava	14	DCAA-MA	2:26.67
9	Collett, Lindsay	13	RAD-MA	2:28.02
10	Pramatarova, Emilia	13	LMAC-MA	2:29.37

Heat 2 of 2 Finals

2	Goldcamp, Morgan	14	SOUND-MA	2:23.29
3	Toth, Vivian	13	UDAC-MA	2:22.86
4	Roulstone, Samantha	13	MAC-MA	2:18.54
5	Klock, Briana	14	LMAC-MA	2:13.32
6	Hogan, Sadie	14	PR-MA	2:16.61
7	Auwarter, Alyssa	14	UDAC-MA	2:22.11
8	Dymek, Julia	14	LMAC-MA	2:23.09
9	McCabe, Caroline	13	MAC-MA	2:24.83

Alternates

1	Schoen, Charli	14	SAC-MA	2:30.50
---	----------------	----	--------	---------

Event 37 Girls 15 & Over 200 Yard IM

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals

1	DiLenge, Kathryn	16	NPAC-MA	2:27.54
2	Toland, Gracie	15	SAC-MA	2:25.52
3	Kelcy, Caroline	15	SOUND-MA	2:23.71
4	Tudge, Olivia	15	RAD-MA	2:23.18
5	Cottingham, Keira	15	UDAC-MA	2:21.37
6	Heebner, Anna	16	NPAC-MA	2:22.91
7	Moore, Sammy	16	CCA-MA	2:23.20
8	Sommer, Truly	16	MAC-MA	2:23.97
9	Bailey, Annabel	15	LMAC-MA	2:26.10
10	Vitella, Olivia	17	UDAC-MA	2:27.93

Heat 2 of 2 Finals

2	Welsh, Zoe	16	NPAC-MA	2:17.82
3	Shapiro, Maddie	15	UDAC-MA	2:15.00
4	Auwarter, Olivia	15	UDAC-MA	2:12.76
5	Lake, Alice	15	RAD-MA	2:11.70
6	Burns, Jessica	18	SOUND-MA	2:11.79
7	Dymek, Anna	16	RAD-MA	2:14.79
8	Lindgren, Maly	16	RAD-MA	2:16.34
9	Koehler, Sydney	17	PVAC-MA	2:20.57

Alternates

1	Hendrzak, Anna	15	SAC-MA	2:28.64
---	----------------	----	--------	---------

Event 38 Girls 8 & Under 100 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 2 Finals

3	Lower Moreland-MA	A	1:28.26
	1) Nazeraj, Alessandra 8	2) Collins, Moira 8	
	3) Collins, Brigid 7	4) Auty, Taylor 8	
4	WCAC-MA	A	1:19.95
	1) Gretchen, Lily 8	2) Feldkamp, Yulia 8	
	3) Foberg, Emma 8	4) Kindt, Ella 8	
5	PR-MA	A	1:19.71
	1) Wood, Sera 7	2) Lacy, Kaylin 8	
	3) Dunn, Gabby 8	4) Miller, Caroline 8	
6	UDAC-MA	A	1:19.78
	1) Lynch, Aileen 8	2) Lynch, Cass 8	
	3) Kennedy, Burke 8	4) Black, Ellie 8	
7	CRSC-MA	A	1:20.00
	1) Nind, Chloe 7	2) Myers, Sabiene 6	
	3) Liao, Kristine 8	4) Myers, Klara 8	
8	PVAC-MA	A	1:29.33
	1) Tiegs, Emily 8	2) Miller, Tessa 8	
	3) Lauterio, Belle 8	4) Melwert, Sara 8	

Heat 2 of 2 Finals

2	DCAA-MA	A	1:17.25
	1) Toner LeBron, Deeanalys 8	2) Barton, Quinn 8	
	3) Mench, Cora 8	4) Hoch, Autumn 7	
3	CCA-MA	A	1:14.30
4	SAC-MA	A	1:09.72
	1) Lyons, Poppy 8	2) Shepanek, Hassell 8	
	3) Manley, Chrissy 8	4) Rankin, Avery 8	
5	NPAC-MA	A	1:08.76
	1) Darr, Aria 8	2) Bachmann, Kaden 7	
	3) Quinn, Maura 7	4) Weathers, Ella 8	
6	RAD-MA	A	1:09.07
	1) De La Rosa, Caroline 8	2) Perkins, Ellie 7	
	3) McCarthy, Madeline 8	4) Coonley, Catherine 8	
7	MAC-MA	A	1:13.45
	1) Devlin, Rylee 7	2) Naldzin, Annie 8	
	3) Miller, Aviella/Avi 8	4) Farrell, Saoirse 8	
8	HHAA-MA	A	1:16.34
	1) Ellis, Adeline 8	2) Carey, Kathryn 8	
	3) Goldberg, Abi 8	4) Meyer, Maeve 8	
9	SOUND-MA	A	1:19.26
	1) Mo, Leah 8	2) Fairchok, Penelope 8	
	3) Graham, Kerrianna 8	4) Noll, Layla 8	

SAL Girls League Championships 2024 - 1/28/2024

SAL 2023 Girls League Championships

Meet Program - Girls SAL League Champs

Event 39 Girls 10 & Under 200 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
1	CRSC-MA	A	2:29.33
	1) Egbert, Eris 9	2) Cai, Grace 10	
	3) Myslinski, Luna 10	4) Stewart, Brooklyn 10	
2	DCAA-MA	A	2:29.08
	1) Barton, Aisling 10	2) Amadio, Clare 10	
	3) Pizer, Josephine 10	4) Edel, Ariel 10	
3	CBST-MA	A	2:26.53
	1) Pluff, McKinleigh 10	2) Patel, Skruti 9	
	3) Pozesky, Madison 10	4) Pollard, Ella 10	
4	Lower Moreland-MA	A	2:23.22
	1) Sharkov, Nicole 9	2) Mamikonyan, Olivia 10	
	3) Taylor, Aviva 10	4) Zhang, Aileen 10	
5	PVAC-MA	A	2:21.70
	1) Patel, Raashi 9	2) Felty, Hannah 10	
	3) Hones, Scarlett 10	4) Engle, Kennedy 9	
6	UDAC-MA	A	2:21.93
	1) McGinley, Dylan 9	2) Keenan, Chelsea 10	
	3) Cratin, Devon 10	4) McGuckin, Willa 10	
7	HHAA-MA	A	2:26.44
	1) Cole, Nora 10	2) Leck, Carly 9	
	3) Douglas, Zoe 10	4) Lauer, Sophia 9	
8	PVAC-MA	B	2:26.76
	1) Chain, Kylie 9	2) Sarnes, Maddie 10	
	3) Jung, Alison 10	4) Melwert, Lizzie 9	
9	PR-MA	A	2:29.15
	1) Herrmann, Elsie 10	2) Dunn, Ellie 10	
	3) Chadwick, Emerson 9	4) Piotrowicz, Kenzie 9	
10	CAC-MA	A	2:34.33
	1) Cullen, Chelsea 10	2) Kannengieszer, Clare 10	
	3) Harvey, Hailey 10	4) Latona, Sara 9	
Heat 2 of 2 Finals			
2	SOUD-MA	A	2:20.14
	1) Schwanbeck, Ella 10	2) Nguyen, Sofia 10	
	3) Houchins, Cassidy 10	4) Bandler, Lillian 10	
3	MAC-MA	A	2:17.96
	1) Conneen, Rory 10	2) Dixon, Anna 10	
	3) Zhukarev, Alexis 10	4) Wike, Gabby 10	
4	WCAC-MA	A	2:16.66
	1) Feldkamp, Katerina 10	2) Graybehl, Aubrey 10	
	3) Sun, Summer 10	4) Gushue, Bridget 10	
5	NPAC-MA	A	2:09.37
	1) Vandermolen, Clara 10	2) Castaneda, Abby 10	
	3) Cook, Payton 10	4) Smithers, Julianne 10	
6	RAD-MA	A	2:12.39
	1) Wiesen, Annie 10	2) Quinones, Emma 10	
	3) Regan, Mary Elizabeth 9	4) McEvoy, Eva 10	
7	SAC-MA	A	2:17.22
	1) Whelan, Macie 9	2) Bell, Maddie 10	
	3) Generose, Olivia 10	4) Cooper, Annie 10	
8	CCA-MA	A	2:19.29
9	LMAC-MA	A	2:21.61
	1) Higgins, Alexandra 9	2) Kissell, Anna 10	
	3) Del Portal, Eva 9		

Event 40 Girls 12 & Under 200 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
1	CAC-MA	A	2:15.93
	1) Kannengieszer, Eve 12	2) Halpin, Emily 11	
	3) Lafferty, Lana 11	4) Halpin, Colleen 11	
2	Lower Moreland-MA	A	2:05.99
	1) Blumhardt, Piper 11	2) Ismailanji, Dea 11	
	3) Vizcarrondo, Riley 11	4) Kitsul, Nikka 11	
3	CBST-MA	A	2:04.27
	1) Shorr, Mia 12	2) Berg, Bona 11	
	3) Vairo, Eva 12	4) Kovtounenko, Olya 11	
4	DCAA-MA	A	2:01.75
	1) Hoch, Keira 11	2) Edel, Izzy 12	
	3) Hiller, Audrey 12	4) Ojeda, Alma 12	
5	PR-MA	A	1:59.82
	1) Piotrowicz, Morgan 12	2) Shqina, Emma 12	
	3) Moore, Colleen 12	4) Daly, Kiera 12	
6	MAC-MA	B	2:01.53
	1) Kindred, Madison 11	2) Roberts, Maya 12	
	3) Knepley, Emi 11	4) Huggard, Chelsea 11	
7	SAC-MA	A	2:02.78
	1) Ledwith, Bridget 11	2) Bogansky, Nora 12	
	3) Ho, Delaney 12	4) DiFranco, Amelia 12	
8	PVAC-MA	A	2:05.78
	1) Ferst, Stellarose 11	2) Patel, Kavya 11	
	3) Dodson, Autumn 12	4) Jung, Alexis 12	
9	CRSC-MA	A	2:15.84
	1) DeForrest, Taylor 11	2) Mohan, Jia 12	
	3) Varani, Tessa 11	4) Slaman, Ellie 12	
Heat 2 of 2 Finals			
2	WCAC-MA	A	1:55.47
	1) Minnick, Suzie 12	2) Ciuccoli, Emilia 11	
	3) Weber, Clare 12	4) Simons, Emma 11	
3	CCA-MA	A	1:54.09
4	NPAC-MA	A	1:52.28
	1) Wenzel, Erin 12	2) Potts, Megan 12	
	3) DiLenge, Lillian 12	4) Nelson, Molly 12	
5	MAC-MA	A	1:49.46
	1) Le, Olivia 12	2) Short, Aubrey 12	
	3) Johnson, Izzy 12	4) Schadler, Aurora 12	
6	RAD-MA	A	1:51.93
	1) MacKenzie, Bea 12	2) Breen, Mia 12	
	3) Quinones, Charlotte 12	4) Brunner, Audrey 12	
7	LMAC-MA	A	1:54.07
	1) Tripple, Lily 12	2) Tripple, Violet 10	
	3) McDermott, Eve 12	4) Bianco, Kelsey 12	
8	UDAC-MA	A	1:55.24
	1) Robbins, Mae 11	2) Baughman, Lilly 12	
	3) Manser, Eden 12	4) Capriotti, Vita 12	
9	SOUD-MA	A	1:55.65
	1) Hiestand, Addie 12	2) Moyer, Heidi 12	
	3) Moore, Addison 12	4) Morgan, Amber 12	

SAL Girls League Championships 2024 - 1/28/2024

SAL 2023 Girls League Championships

Meet Program - Girls SAL League Champs

Event 41 Girls 14 & Under 200 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
2	CRSC-MA	A	2:00.75
	1) Bochnowicz, Julianna 13	2) O'Sullivan, Sophie 14	
	3) Bochnowicz, Velina 13	4) Farrell, Caroleena 13	
3	PVAC-MA	A	1:54.19
	1) Helwig, Colby 13	2) Youngman, Lana 14	
	3) Parsia, Ava 13	4) Richard, Colbie 14	
4	DCAA-MA	A	1:54.13
	1) Nicosia, Emma 14	2) Plevak, Madelyn 13	
	3) DiEnno, Ava 14	4) McCottry, Kada 13	
5	Lower Moreland-MA	A	1:51.06
	1) Odhner, Lily 13	2) Mastrych, Kristina 13	
	3) Mamikonyan, Sophia 14	4) Koperska, Blanka 14	
6	SOUND-MA	A	1:52.09
	1) Graham, Reilly 14	2) Swindells, Penelope 14	
	3) Im, Ariana 14	4) Goldcamp, Morgan 14	
7	CCA-MA	A	1:54.17
8	PR-MA	A	1:57.10
	1) Vassallo, Ashlynn 14	2) Moore, Allison 14	
	3) Matusek, Myla 14	4) Hogan, Sadie 14	
9	CAC-MA	A	2:00.95
Heat 2 of 2 Finals			
2	WCAC-MA	A	1:49.13
	1) Chess, Brianna 14	2) Chan, Kaylee 13	
	3) Sahl, Ava 13	4) Albertelli, Natalie 13	
3	MAC-MA	A	1:45.94
	1) Kenning, Caitlyn 13	2) Knepley, Maiya 13	
	3) McCabe, Caroline 13	4) Roulstone, Samantha 13	
4	LMAC-MA	A	1:45.65
	1) Lawrence, Mallory 13	2) Shaw, Porter 14	
	3) McCloskey, Madeleine 14	4) Klock, Briana 14	
5	RAD-MA	A	1:44.67
	1) Davis, Emery 14	2) O'Driscoll, Grace 14	
	3) Flanagan, Elise 14	4) Collett, Lindsay 13	
6	SAC-MA	A	1:45.21
	1) Keitel, Nieve 14	2) Whelan, Annabelle 13	
	3) Schoen, Lexi 13	4) Keitel, Arden 14	
7	NPAC-MA	A	1:45.77
8	UDAC-MA	A	1:47.71
	1) Kenney, Mikayla 14	2) Detwiler, Grace 14	
	3) Braun, Casey 14	4) Kivlehan, Maeve 13	
9	NPAC-MA	B	1:50.96

Event 42 Girls Open 200 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
4	CAC-MA	A	2:27.66
5	PR-MA	A	1:48.51
	1) Ricciardi, Allyson 17	2) Cattie, Emily 17	
	3) Kelly, Honora 15	4) Vesey, Ava 17	
6	PVAC-MA	A	1:49.57
	1) Koehler, Abby 16	2) Richard, Bayley 17	
	3) Mages, Claire 15	4) Koehler, Sydney 17	
7	Lower Moreland-MA	A	1:54.47
	1) Kitsul, Kristina 18	2) McIntyre, Macayla 17	
	3) Horsnall, Samantha 17	4) Ciamaichelo, Clara 17	
Heat 2 of 2 Finals			
2	CCA-MA	A	1:46.68
3	UDAC-MA	A	1:45.35
	1) Shapiro, Maddie 15	2) Auwarter, Olivia 15	
	3) Williams, Victoria 15	4) Vitella, Sophia 15	
4	MAC-MA	A	1:42.38
	1) Sommer, Truly 16	2) Michel, Lucy 16	
	3) Ketterer, Izzy 16	4) Wimmer, Madison 17	
5	RAD-MA	A	1:41.81
	1) Potts-Drew, Katie 16	2) Tudge, Olivia 15	
	3) Lindgren, Maly 16	4) Lake, Alice 15	
6	SOUND-MA	A	1:42.11
	1) Weikel, Riley 15	2) Woods, Kara 16	
	3) Stauffer, Anna 18	4) Burns, Jessica 18	
7	NPAC-MA	A	1:44.23
8	SAC-MA	A	1:45.87
	1) Scanlon, Katie 16	2) Toland, Gracie 15	
	3) Duncheskie, Grace 17	4) Igou, Olivia 16	
9	LMAC-MA	A	1:47.26
	1) Lawrence, Addie 17	2) Dymek, Julia 14	
	3) Carfrey, Ellyse 14	4) Bailey, Annabel 15	