

2024-25 SAL Tentative Schedule

2024-25 divisions:

Central	Eastern	Southwest	Northwest
WAC DCAA SAC UDAC HHAA	CORE CR CAC CBST LMOR	CCA LMAC UMAC RAD NAC	PR SOUD PVAC NPAC MAC

- Each team will have 4 divisional dual meets and 1 bye-week for the dates Nov 2, 9, 16, 23, Dec 7
- 1 cross-divisional play-off meet will be Dec 14. The Northwest division will compete against the Southwest division; the Central division will compete against the Eastern division for this meet. Matchups will be determined based on the team win/loss record as outlined in SAL bylaws
- *invitationals are tentative pending meet announcement submission at fall rep meeting

Fall coaches and reps meeting-September 16, 2024 Location TBD

*PR-Diving invitational - TBD

*PVAC Fall fest swim invitational- Sun Oct 27

Dual meet- Sat Nov 2, 2024

*HHAA swim Invitational- Nov 3, 2024

Dual meet- Sat Nov 9, 2024

Dual meet- Sat Nov 16, 2024

Dual meet- Sat Nov 23, 2024

*North Penn Trophy Meet swim invitational- Sun Nov 24, 2024

Dual Meet- Sat Dec 7, 2024

*CBST Holiday Classic swim invitational- Sun Dec 8, 2024

Cross-divisional Dual meet- Sat Dec 14, 2024

*CAC Odd Age swim invitational- Sunday December 15, 2024

Dual meet make-up- Sat Dec 21, 2024

Winter Reps Meeting-TBD

League Championship Dual meet- Sat January 4, 2025

*SOUD INVITATIONAL- Sun Jan 5, 2025-waiting confirmation

*UMAC Last Chance- Sat Jan 11, 2025

Swim Championship Seed Meeting-Jan 15, 2025

Dive Championships- January 17-19, 2025

Swim Division Championships- Sat January 25, 2025

Swim League Championships- Sun January 26, 2025

Spring Reps Mtg- TBD